

## **CRAMPS**

*Cramps are a painful spasmodic muscular contraction. It is sometime caused by an imbalance of the salts in the body, but is more often a result of fatigue, imperfect posture poor stress.*

( Cramp – a spasmodic muscular contraction with pain.)

*Anac., Anag., Mag-p.*

**Cramps contractions**

*AM-M., ARN., CALC., CAMPH., CAUST., CIMX., COCC., COLOC., CUPR., CUPR., CUPR-AR., GELS., LYC., MAG-P., NUX-V., RHUS-T., SEC., SIL., SULPH., VERAT., Abort., Aesc-g., Agar., Ambr., Am-br., Anac., Bapt., Bar-c., Carb-ac., Carb-an., Carb-v., Chin., Colch., Con., Eupi., Ferr-m., Hyos., Lath., Lol., Med., Nit-ac., Ox-ac., Pin-s., Plb., Puls., Sep., Sol-t-ae., Ust., Vip., Zinc-s., Irid-m., Sarcol-ac.*

**Cramp =Dros.**—Cramp and cough, spasmodic.

**Cramp =Sulph.**—Cramps in calves of legs, or soles of feet especially at night.

**Cramping pains =Mag-p.**— Cramping pains in calves, writer's cramp, menstrual cramps if relieved by heat.

**Cramping watery diarrhea =Verat.**— Cramping, watery diarrhea.

**Cramps =BELL., CARB-V., COLOC., CUPR., IGN., IP., MAG-P., NUX-V., PULS., SPONG., SULPH., VERAT.**

**Cramps =Coloc., Cupr., Mag-p**

**Cramps =Mag-p.**— Violent, spasmodic, cramps.

**Cramps in abdomen =Vib.**— Cramps in abdomen & legs during pregnancy.

**Cramps in the calves =Eupion.**— Cramps in the calves worse at night.

**Cramps, legs and calves =Ambr., Cupr., Mag-p**

**Crampy =Camph.**— Cold, crampy, collapsing.

**Crampy =Caust.**— Crampy, contracture, paralytic.

**Crampy =Cupr.**— Crampy, convulsive, colicky.

**Crampy =Verat.**— Cold, copious, crampy.

## **CONCOMITANT SYMPTOMS & REMEDIES :-**

### **CRAMPS :[ABDOMEN] :**

**Anxiety, in, cramp, as, from :**

*Lyc.*

**Bearing, down, pain, crampy, night 2 a.m.:**

*Nux-v.*

**Constriction, of, cramp like, clawing :**

*Nux-v.*

**Contraction, cramp like :**

*Aesc., Lyc.*

**Contraction, cramp like, morning, towards :**

*Kali-bi.*

**Cramps, turning, body :**

*Dros.*

**Cramping, pain :**

*AGAR., ALOE., AM-M., BELL., CALC., CARBN-S., CARB-V., CHAM., CHEL., COCC., COLOC., CUPR., DIOS., DULC., GRAPH., IGN., IP., LYC., MAG-M., MAG-P., NUX-V., OP., PH-AC., PLB., PODO., PULS., SPONG., STANN., STRY., SULPH., VERAT., ZINC.*

**Cramping, pain, afternoon :**

*Verat., Agar., Alum., Bism., Bry., Carbn-s., Carb-v., Coloc., Corn., Grat., Kali-n., Laur., Lyc., Mag-c., Nat-c., Nat-m., Nat-s., Nicc., Op., Par., Phyt., Sil., Senec., Sulph.*

**Cramping, pain, afternoon, 1 p.m.:**

*Mag-m.*

**Cramping, pain, afternoon, to, 10 p.m.:**

*Lyc.*

**Cramping, pain, afternoon, to, 10 p.m.:**

*Lyc.*

**Cramping, pain, afternoon, 4 p.m.:**

*LYC., Caust., Coloc., Hell.*

**Cramping, pain, afternoon, 4 to 9 p.m.:**

*Coloc.*

**Cramping, pain, afternoon, 5 p.m.:**

*Aran., Tell.*

**Cramping, pain, air, cold, in :**

*Am-c., Lyc.*

**Cramping, pain, air, cold, in open in :**

*Ign.*

**Cramping, pain, air, cold, in open in amel.:**



Nat-c.  
**Cramping, pain, alternating, pain, in chest with :**  
*Ran-b.*  
**Cramping, pain, alternating, pain, in chest with vertigo with :**  
*Verat.*  
**Cramping, pain, ascending, steps :**  
*Hell.*  
**Cramping, pain, bed, in :**  
*Alum., Dig., Dios., Kali-c., Lact., Nat-m., Nux-v., Psor., Rhus-t., Sabin., Valer.*  
**Cramping, pain, belching, amel.:**  
*Sulph., Chin., Kali-c., Sep.*  
**Cramping, pain, bending, backward, amel.:**  
*Dios., Hell., Nux-v., Onos.*  
**Cramping, pain, bending, backward, amel forward amel.:**  
*COLOC., Acon., Caust., Chin., Colch., Kali-c., Lach., Mag-p., Plb., Rhus-t., Stann., Stann.*  
**Cramping, pain, breakfast, after :**  
*ZINC., Agar., Eupi., Grat., Ham., Kali-bi., Lyc., Nux-v., Stront-c.*  
**Cramping, pain, breathing, on, inspiration :**  
*Sulph., Aesc., Am-m., Brom., Guai.*  
**Cramping, pain, chill, during :**  
*COCC., Led.*  
**Cramping, pain, chill, during, before :**  
*Spong., Ars.*  
**Cramping, pain, chilliness, during :**  
*Rhus-t., Sep.*  
**Cramping, pain, coffee, from :**  
*Cham., Nux-v., Ign., Nat-m.*  
**Cramping, pain, cold, after, taking :**  
*All-c., Dulc., Alum., Alumn., Nat-c., Nit-ac.*  
**Cramping, pain, cold, after, taking as after taking cold :**  
*Hep., Petr., Stann.*  
**Cramping, pain, constipation, during :**  
*Op., Plb., Podo., Merc., Sil.*  
**Cramping, pain, convulsions, with :**  
*Cic.*  
**Cramping, pain, coughing, when :**  
*Chel., Plb., Tarent.*  
**Cramping, pain, diarrhea, with :**  
*Ars., Petr., Phos., Sep., Zinc.*

**Cramping, pain, diarrhea, with, before :**  
*Ars., Kali-n., Mag-c., Mag-m., Phos., Sulph.*  
**Cramping, pain, dinner, during :**  
*Am-c., Kali-c., Mag-s., Zinc.*  
**Cramping, pain, dinner, during, after :**  
*MAG-C., ZINC., Agar., Alum., Caps., Cocc., Crot-t., Gent-c., Kali-c., Naja., Phos., Thuj., Trom., Valer.*  
**Cramping, pain, drinking, water, after :**  
*COLOC., Crot-c., Manc., Nux-v., Puls., Rhus-t., Nux-v., Cham., Nat-m., Nit-ac., Raph.*  
**Cramping, pain, while :**  
*Nux-v., Carb-v., Caust., Dulc., Kali-p.*  
**Cramping, pain, eating, while, 2 hours after :**  
*Sil.*  
**Cramping, pain, eating, while, after :**  
*All-c., Ant-t., Colch., Coloc., Graph., Nat-c., Puls., Rhus-t., Sulph., Verat.*  
**Cramping, pain, eating, while, amel.:**  
*Bov., Psor.*  
**Cramping, pain, extending, to, chest left side :**  
*Kali-n.*  
**Cramping, pain, extending, to, lumbar region :**  
*Alum., Guai., Kali-n., Nat-m.*  
**Cramping, pain, extending, to, stomach :**  
*Kali-n.*  
**Cramping, pain, extending, to, upward :**  
*Mag-m.*  
**Cramping, pain, evening :**  
*CALC., Iris., Puls., Alum., Am-c., Bism., Calad., Carb-v., Cast., Chin., Cycl., Grat., Kali-n., Led., Mag-c., Mag-m., Mag-s., Merc., Nat-m., Petr., Ph-ac., Plan., Plb., Sars., Senec., Stann., Sulph., Sul-ac., Tarent., Thuj., Zinc.*  
**Cramping, pain, evening, bed, in :**  
*Valer., Alum., Ars., Hyos.*  
**Cramping, pain, fever, during :**  
*Caps., Carb-v., Elat., Rhus-t., Rob.*  
**Cramping, pain, flatus, from :**  
*Euph., Graph., Kali-c., Mang., Phos., Sulph.*  
**Cramping, pain, flatus, from, passing while :**  
*Chin., Squil., Aur., Canth., Mur-ac., Nita-ac., Spig., Staph.*  
**Cramping, pain, flatus, from, passing while amel.:**  
*Acon., Am-c., Coloc., Con., Echi., Graph., Hydr., Cimx., Lyc., Mag-c., Merc-c., Nat-ar., Nux-m., Ol-an., Psor., Rumx., Sil., Spong., Squil., Sulph.*



**Cramping, pain, flatus, from, passing while before :**

Ars., Graph., Guai., Mez., Mur-ac., Rheum., Sil., Spig., Tarax.

**Cramping, pain, forenoon :**

DIOS., Nat-c., Agar., Am-c., Am-m., Coloc., Kali-bi., Kali-n., Lyc., Mag-c., Paeon., Sars., Sulph., Tell.

**Cramping, pain, forenoon, 9 a.m.:**

Mag-c.

**Cramping, pain, forenoon, 10 a.m.:**

Carbn-s.

**Cramping, pain, forenoon, 11, a.m.:**

Corn.

**Cramping, pain, fruit, after :**

Chin., Coloc., Puls., Calc-p.

**Cramping, pain, holding, abdomen, amel.:**

Mang.

**Cramping, pain, humiliation, from :**

Coloc., Staph.

**Cramping, pain, hysterical :**

Cocc., Ip., Mag-m., Mosch., Stann., Valer., Ars., Bell., Bry., Nux-v.

**Cramping, pain, ice, cream, after :**

ARS., Calc-p., Ip., Puls.

**Cramping, pain, indignation, after :**

STAPH.

**Cramping, pain, jerking:**

Graph., Mur-ac., Plat.

**Cramping, pain, kneading, abdomen, amel.:**

Nat-s.

**Cramping, pain, leaning, on , a sharp edge :**

Ran-b., Samb.

**Cramping, pain, lying, while:**

Phos., Spig.

**Cramping, pain, lying, while, abdomen on amel:**

Cocc., Am-c., Chion., Der.

**Cramping, pain, lying, while , amel.:**

Cupr., Ferr.

**Cramping, pain, lying, while back on from:**

Phys.

**Cramping, pain, lying, while, back on from with limbs drawn up amel:**

Rhus-t.

**Cramping, pain, while, right side on amel:**

Phys.

**Cramping, pain, lying, while side on :**

Coloc., Ign.

**Cramping, pain, lying, while, side on amel:**

Nat-s.

**Cramping, pain, melons, from:**

ZING.

**Cramping, pain, menses, during:**

COCC., SULPH., Am-c., Bell., Bor., Caul., Caust., Cham., Chin., Chin-s., Cimic., Cinnb., Coff., Coloc., Con., Cupr., Graph., Kali-c., Mag-p., Nat-m., Nit-ac., Nux-v., Plat., Sep.

**Cramping, pain, menses, during, after :**

Am-c., Cocc., Kreos., Merl., Puls.

**Cramping, pain, menses, during, before :**

KALI-C., Am-c., Bell., Calc-p., Caust., Cham., Cinnb., Cocc., Coloc., Croc., Cupr., Ign., Lach., Mag-p., Plat., Puls., Sep.

**Cramping, pain, menses, during, hip to hip from:**

Thuj.

**Cramping, pain, midnight:**

COCC., NIT-AC., Zinc., Coloc., Lyc., Petr., Rhus-t.

**Cramping, pain, midnight, after :**

Am-m., Aur., Sulph.

**Cramping, pain, milk, after :**

Lac-d., Bufo., Cupr., Mag-s., Raph.

**Cramping, pain, milk, after, hot amel:**

Croto-t.

**Cramping, pain, milk, after, warm amel:**

Croto-t., Op.

**Cramping, pain, morning:**

CAUST., DIOS., NUX-V., Lyc., Puls., Agar., Am-c., Calc., Carbn-s., Coc-c., Coloc., Colch., Con., Cupr., Dulc., Euphr., Graph., Hep., Kali-bi., Kali-c., Kali-n., Kali-n., Lact., Lob., Mag-m., Mang., Nat-c., Nat-m., Nit-ac., Phos., Plan., Psor., Rat., Ruta., Sabin., Sars., Sep., Staph., Sulph., Tarent., Xan., Zinc.

**Cramping, pain, morning fasting from:**

Dulc.

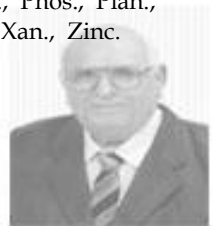
**Cramping, pain, morning, uncovering, on:**

Rheum.

**Cramping, pain, morning, rising on:**

Nat-m., Ruta.

**Cramping, pain, morning, rising, on after :**



Am-m., Ars., Mag-m., Nit-ac.  
**Cramping, pain, morning, rising on amel:**  
Nat-m.

**Cramping, pain, morning on waking :**  
Agar., Cob., Colch., Lyc., Mang., Nat-m., Rheum., Xan.

**Cramping, pain, morning, on, walking 5 a. m.:**  
Cob.

**Cramping, pain, morning, on, walking 6 a. m.:**  
Coloc., Choc.

**Cramping, pain, motion, on, amel.:**  
Gels., Bov., Rhus-t.

**Cramping, pain, night :**  
CALC., Chin., Cycl., Iris., Nat-s., Nita-c., Podo., Rhus-t., Sulph., Velar.

**Cramping, pain, night, 1 a. m:**  
Mag-m.

**Cramping, pain, night, 2 a m:**  
Nat-s., Phos.

**Cramping, pain, night, a m, :**  
Carb-v.

**Cramping, pain, night, bed, in:**  
Dig., Rhus-t.

**Cramping, pain, night, uncovering, on:**  
Bry.

**Cramping, pain, noon:**  
Alum., Carb-v., Kali-c., Mag-c., Sulph.

**Cramping, pain, pressure, amel.:**  
COLOC., Mag-p., Podo., Stram., Am-c., Brom., Bry., Mang.

**Cramping, pain, riding, while:**  
Psor.

**Cramping, pain, rising, from, a seat:**  
Kali-c.

**Cramping, pain, rising, from , a seat amel :**  
Chin., Spong.

**Cramping, pain, rubbing, from:**  
Sulph.

**Cramping, pain, sex, during:**  
Graph.

**Cramping, pain, sitting, while:**  
Chin., Dig., Elaps., Ferr., Par., Rhus-t., Spong.

**Cramping, pain, sitting, while, amel:**

Bell., Mur-ac.  
**Cramping, pain, sitting, sitting while, bent while:**  
Carb-v., Dulc.

**Cramping, pain, sitting, while head on knees with amel:**  
Euph.

**Cramping, pain, sleep, during:**  
Kali-n.

**Cramping, pain, sleep, during, amel:**  
Alum., Mag-m.

**Cramping, pain, smoking, after :**  
Bufo., Brom.

**Cramping, pain, soup, after :**  
Zinc.

**Cramping, pain, standing, while:**  
Bell., Gent-c., Mur-ac., Zinc.

**Cramping, pain, standing, while, amel.:**  
Chin.

**Cramping, pain, standing, while bent amel:**  
Spong.

**Cramping, pain, stool, during:**  
SULPH., Agar., Aloe., Am-c., Apis., Bor., Lil-t., Mag-c., Merc., Nux-v., Rheum.

**Cramping, pain, stool, during :**  
COLOC., NAT-S., NUX-V., Gamb., Gels., Mag-c., Verat.

**Cramping, pain, stool, during before:**  
ALOE., AM-C., ARG-N., CHIN., COLOC., MAG-C., OP., PODO., SULPH.

**Cramping, pain, stool, during, hard:**  
Op., Meny.

**Cramping, pain, stooping, agg:**  
Sulph., Am-c., Dulc., Nux-v.

**Cramping, pain, supper, after :**  
Zinc., Alum., Calc., Coff., Gels., Grat., Ol-an.

**Cramping, pain, suppressed, hemorrhoidal, flow:**  
NUX-V.

**Cramping, pain, tea, after :**  
Hyper.

**Cramping, pain, turning, amel.:**  
Euph., Mag-c.

**Cramping, pain, urination, on:**  
Cham., Merc., Bar-c., Sul-ac.

**Cramping, pain, urination, on, amel:**



Tarent.

**Cramping, pain, vaginal, discharge, before:**  
Con., Mag-c., Mag-m., Sulph.

**Cramping, pain, vegetables, after :**  
Cupr.

**Cramping, pain, vexation, after :**  
COLOC., *Staph.*, Cham.

**Cramping, pain, walking, on:**  
*Stront-c.*, *Zinc.*, Alum., Coc-c., Colch., Euphr., Ferr., Lyc., Mez., Nat-m., Stann., Xan.

**Cramping, pain, walking, while hair in open :**  
Agar., Am-c., Bry., Ph-ac., Rhus-t., Sil., Sulph.

**Cramping, pain, walking, while, amel:**  
Chin., Cycl., Dig., Elaps., Ferr., Par., Puls.

**Cramping, pain, wandering:**  
Mur-ac., Spig., Staph.

**Cramping, pain, warm, room, amel.:**  
Am-c.

**Cramping, pain, warmth, amel:**  
Alum., Am-c., Cupr-s.

**Cramping, pain, wet, getting, feet:**  
*All-c.*

**Cramping, pain, wine, after :**  
Lyc., Zinc.

**Cramping, pain, yawning:**  
Zinc.

**Cramping, pain, hypochondria:**  
*Calc-s.*, *Ip.*, *Kali-c.*, *Lact.*, *Lyc.*, *Mur-ac.*, *Zinc.*, Aesc., Aloe., Am-m., Arg-m., Bar-c., Bell., Bry., Bufo., Calc., Camph., Caust., Choc., Cupr., Dios., Ign., Kali-bi., Kali-i., Mag-c., Nat-m., Nit-ac., Ph-ac., Phos., Plat., Sep., Sil., Stann., Sulph.

**Cramping, pain, hypochondria, alternating, with oppression of chest :**  
Zinc.

**Cramping, pain, hypochondria, belching, amel.:**  
Sep.

**Cramping, pain, hypochondria, bending, forward agg.:**  
Dig.

**Cramping, pain, hypochondria, coughing, on:**  
Lyc.

**Cramping, pain, hypochondria, evening :**

Calc., Dios.

**Cramping, pain, hypochondria, extending, across back:**  
SIL.

**Cramping, pain, hypochondria, extending, across back downward :**  
Hell.

**Cramping, pain, hypochondria, extending, across back hips to :**  
Sil.

**Cramping, pain, hypochondria, extending across back lumbar vertebrae to :**  
Camph.

**Cramping, pain, hypochondria, extending, across back umbilicus to :**  
Ph-ac.

**Cramping, pain, hypochondria, extending, across back upward :**  
Mag-s.

**Cramping, pain, hypochondria, flatus , amel:**  
Mur-ac., Sep.

**Cramping, pain, hypochondria, intermittent:**  
Mag-c.

**Cramping, pain, hypochondria, left :**  
Plat., Zinc.

**Cramping, pain, hypochondria, left, extending to stomach :**  
Phos.

**Cramping, pain, hypochondria, menses, before :**  
Sulph.

**Cramping, pain, hypochondria , morning :**  
Teucr.

**Cramping, pain, hypochondria, motion , agg:**  
Zinc.

**Cramping, pain, hypochondria, night:**  
Calc-s.

**Cramping, pain, hypochondria, paroxysmal :**  
Nit-ac., Sep., Sil.

**Cramping, pain, hypochondria, periodic:**  
Ph-ac.

**Cramping, pain, hypochondria, respiration, deep:**  
Croc.

**Cramping, pain, hypochondria, right:**  
Carb-an., Iod., Kali-c., Mag-c., Nat-m., Ph-ac., Phos., Rhus-t., Samb., Staph., Sulph., Verb., Zinc.

**Cramping, pain, hypochondria, rubbing, amel:**



Phos.  
**Cramping, pain, hypochondria, sitting:**  
Carb-an., Rhus-t.  
**Cramping, pain, hypochondria, stepping :**  
Caust.  
**Cramping, pain, hypochondria, stool, during:**  
Sul-ac.  
**Cramping, pain, hypochondria, stool, during after :**  
Caust.  
**Cramping, pain, hypochondria, stooping, on:**  
Lyc.  
**Cramping, pain, hypochondria, turning, the body:**  
Lyc.  
**Cramping, pain, hypochondria, walking, while:**  
Sulph.  
**Cramping, pain, hypochondria, walking while:**  
Sulph.  
**Cramping, pain, hypochondria, walking, while after :**  
Ph-ac.  
**Cramping, pain, hypochondria, walking, while after :**  
Ph-ac.  
**Cramping, pain, hypogastrium:**  
COLOC., Acon., Agar., Ars., Bell., Bry., Carb-v., Chel., Cocc., Cocc., Coll.,  
Dios., Gels., Mag-p., Nat-c., Nux-v., Prun., Sil., Stry.  
**Cramping, pain, hypogastrium, bending double compelling :**  
COLOC., Mag-p., Prun.  
**Cramping, pain, hypogastrium bending, double compelling to left  
agg:**  
Bell., Coloc.  
**Cramping, pain, hypogastrium, daytime:**  
Stram.  
**Cramping, pain, hypogastrium, diarrhea, with:**  
Ars.  
**Cramping, pain, hypogastrium, eating, after :**  
Con., Ran-b.  
**Cramping, pain, hypogastrium, evening:**  
Dulc., Lyc.  
**Cramping, pain, hypogastrium, flatus, amel:**  
Kali-c., Mez., Squil.  
**Cramping, pain, hypogastrium, forenoon:**

Agar.  
**Cramping, pain, hypogastrium, left:**  
Lyc.  
**Cramping, pain, hypogastrium, lying, agg:**  
Sulph.  
**Cramping, pain, hypogastrium , lying, agg on back :**  
Ambr.  
**Cramping, pain, hypogastrium, menses, during :**  
AM-C., COCC., RAPH., Agar., Ars., Con., Mag-p., Nat-m., Sulph.  
**Cramping, pain, hypogastrium, menses, during after :**  
Kreos.  
**Cramping, pain, hypogastrium, menses, during before :**  
KALI-C., SULPH., Cocc., Mag-p., Nat-m., Nit-ac., Vib., Cimic., Manc., Sars.,  
Zinc.  
**Cramping, pain, hypogastrium, metrorrhagia, with:**  
Mag-c.  
**Pain, hypogastrium, morning :**  
Ambr., Ars., Dios., Fago., Hyos.  
**Cramping, pain, hypogastrium, night:**  
Chel.  
**Cramping, pain, hypogastrium, night, 1 a. m.:**  
Mang.  
**Cramping, pain, hypogastrium, paroxysmal:**  
Chin., Sep.  
**Cramping, pain, hypogastrium, pressure, amel:**  
Fago.  
**Cramping, hypogastrium, retracting, abdomen agg:**  
Bell., Kali-c.  
**Cramping, pain, hypogastrium, right:**  
Ambr.  
**Cramping, pain, hypogastrium, sit, upright must:**  
Sulph.  
**Cramping, pain, hypogastrium, sitting:**  
Chin.  
**Cramping, pain, hypogastrium, sitting, upright amel.:**  
Sulph.  
**Cramping, pain, hypogastrium, standing:**  
Chin.  
**Cramping, pain, hypogastrium, stepping:**  
Calc.



**Cramping, pain, hypogastrium, stepping:**

Calc.

**Cramping, pain, hypogastrium, stool, during:**

Ars.

**Cramping, pain, hypogastrium, stool, during after :**

Agar., Lyc.

**Cramping, pain, hypogastrium, stool, during before:**

Ars., Coll., Gels., Agar., Anac., Meny., Stram.

**Cramping, pain, hypogastrium, stooping, on:**

Am-c.

**Cramping, pain, hypogastrium, supper, after :**

Ran-b.

**Cramping, pain, hypogastrium, touch, on:**

Cycl.

**Cramping, pain, hypogastrium, urination, during:**

Bar-c., Sul-ac.

**Cramping, pain, hypogastrium, urination, urination, during after :**

Sul-ac.

**Cramping, pain, hypogastrium, urination, during before :**

Chel., Sul-ac.

**Cramping, hypogastrium, vaginal, discharge before :**

Sulph.

**Cramping, pain, hypogastrium, walking :**

Sulph., Zinc.

**Cramping, pain, hypogastrium, walking , in open air:**

Agar., Calc.

**Cramping, pain, hypogastrium, wandering:**

Chin.

**Cramping, pain, hypogastrium, warmth amel.:**

Ars.

**Cramping, pain, inguinal :**

Aloe., Bry., Chel., Gamb., Kreos., Am-c., Am-m., Bov., Calc., Carb-v., Cimic., Indg., Kali-c., Kali-i., Mag-c., Nat-s., Petr., Phos., Rat., Stann., Sulph., Sul-ac., Zinc.

**Cramping, pain, inguinal, afternoon, 3 p. m.:**

Mag-c.

**Cramping, pain, inguinal, afternoon, 3 p. m:**

Nicc.

**Cramping, pain, inguinal, ascending, stairs:**

Alum.

**Cramping, pain, inguinal, dinner, after :**

Nat-c.

**Cramping, pain, inguinal, extending, to knee:**

Aloe.

**Cramping, pain, inguinal, face, causing face to flush :**

Cimic.

**Cramping, pain, inguinal, forenoon, 11 a m:**

Mag-c.

**Cramping, pain, inguinal, inspiration, on:**

Sulph.

**Cramping, pain, inguinal, intermittent:**

Nat-c.

**Cramping, pain, inguinal, left:**

Chel., Kali-n., Sars., Stann.

**Cramping, pain, inguinal, menses, during:**

Kali-c.

**Cramping, pain, inguinal, menses, during after :**

Bor., Kreos., Plan.

**Cramping, pain, inguinal, morning :**

Rat.

**Cramping, pain, inguinal, paroxysmal:**

Nat-m.

**Cramping, pain, inguinal, right:**

Aloe., Bov., Carb-v., Dig., Gamb., Indg., Mag-c., Nat-c., Sul-ac., Zinc.

**Cramping, pain, inguinal, rising from sitting:**

Zinc.

**Cramping, pain, inguinal, rubbing, on:**

Sulph.

**Cramping, pain, inguinal, rubbing, on amel:**

Mag-c.

**Cramping, pain, inguinal, sitting, while:**

Kali-c., Petr., Spong.

**Cramping, pain, inguinal, stool, during:**

Nicc.

**Cramping, pain, inguinal, stooping:**

Sulph.

**Cramping, pain, inguinal, stretching, on:**

Am-c.

**Cramping, pain, inguinal, talking:**

Calc.



**Cramping, pain, inguinal, walking, while:**

*Sulph.*, Kali-n., Mag-c.

**Cramping, pain, sides:**

*Coloc.*, *Ign.*, *Led.*, *Lyc.*, *Nat-s.*, *Nux-v.*, *Phos.*, *Acon.*, *Alum.*, *Ant-c.*, *Bell.*, *Bry.*, *Calc-p.*, *Canth.*, *Carb-v.*, *Caust.*, *Chin.*, *Cupr.*, *Kali-n.*, *Lach.*, *Laur.*, *Mag-c.*, *Manc.*, *Mur-ac.*, *Naja.*, *Nat-c.*, *Nat-m.*, *Petr.*, *Plat.*, *Puls.*, *Rat.*, *Rhod.*, *Ruta.*, *Sars.*, *Seneg.*, *Sulph.*, *Sul-ac.*, *Thuj.*, *Zinc.*

**Cramping, pain, sides, afternoon:**

*Ant-c.*

**Cramping, pain, sides, bind, must bind the abdomen:**

*Puls.*

**Cramping, pain, sides, eating, after :**

*Mez.*

**Cramping, pain, sides, evening:**

*Ant-c.*, *Nicc.*

**Cramping, pain, sides, expiration, on:**

*Mur-ac.*

**Cramping, pain, sides, flank:**

*Ambr.*, *Bell.*, *Carbn-s.*, *Carb-v.*, *Cocc.*, *Coff.*, *Mag-ac.*, *Ph-ac.*, *Sars.*, *Stann.*

**Cramping, pain, sides, flatus, amel:**

*Plat.*

**Cramping, pain, sides, inspiration, agg:**

*Mur-ac.*

**Cramping, sides, inspiration, agg deep agg:**

*Sars.*

**Cramping, pain, sides, left:**

*Ang.*, *Ant-c.*, *Bry.*, *Calc-p.*, *Canth.*, *Chin.*, *Coloc.*, *Cupr.*, *Dulc.*, *Naja.*, *Nat-m.*, *Nux-v.*, *Puls.*, *Sars.*, *Seng.*, *Staph.*, *Sulph.*, *Sul-ac.*, *Thuj.*

**Cramping, pain, sides, left, to right:**

*Asar.*, *Carb-v.*

**Cramping, pain, sides, lying:**

*Nat-m.*

**Cramping, pain, sides, menses, during:**

*Ars.*

**Cramping, pain, sides, motion, agg:**

*Ant-c.*, *Zinc.*

**Cramping, pain, sides, night:**

*Sulph.*

**Cramping, pain, sides, pulse, synchronous with:**

*Ant-c.*

**Cramping, pain, sides, right:**

*LYC.*, *Nat-s.*, *Acon.*, *Ant-c.*, *Bell.*, *Carb-v.*, *Caust.*, *Hell.*, *Lach.*, *Mag-c.*, *Manc.*, *Mez.*, *Nat-m.*, *Phos.*, *Rhus-t.*, *Sep.*, *Zinc.*

**Cramping, pain, sides, right, extending to back :**

*Phos.*

**Cramping, pain, sides, right lying on left :**

*Nat-m.*

**Cramping, pain, sides, sitting while:**

*Carb-an.*

**Cramping, pain, sides, bent, while:**

*Carb-v.*

**Cramping, pain, sides, standing agg:**

*Kali-n.*

**Cramping, pain, sides, stool, during:**

*Mang.*, *Nicc.*

**Cramping, pain, sides, stool, during before:**

*Mag-c.*, *Mang.*

**Cramping, pain, sides, stooping:**

*Stram.*

**Cramping, pain, sides, walking:**

*Bell.*, *Nat-m.*

**Cramping, pain, umbilical, region:**

*COLOC.*, *DIOS.*, *Aloe.*, *Bell.*, *Bry.*, *Camph.*, *Carb-an.*, *Chel.*, *Chin.*, *Cocc.*, *Croto-t.*, *Laur.*, *Nux-v.*, *Ph-ac.*, *Phyt.*, *Plat.*, *Plb.*, *Podo.*, *Ptel.*, *Raph.*, *Sulph.*, *Verat.*, *Zinc.*

**Cramping, pain, umbilical, region, afternoon:**

*SULPH.*, *Euphr.*, *Nat-c.*, *Plb.*

**Cramping, pain, umbilical, region, afternoon 4 p.:**

*Sulph.*

**Cramping, pain, umbilical, region, afternoon 5 p m:**

*Mag-c.*, *Sang.*

**Cramping, pain, umbilical, region, below umbilicus:**

*Kali-c.*, *Kali-n.*, *Mag-c.*, *Mag-m.*, *Nat-c.*, *Nat-m.*, *Phos.*, *Zinc.*

**Cramping, pain, umbilical, region, below umbilicus supper after :**

*Calc.*

**Cramping, pain, umbilical, region, bend body must:**

*Lyc.*

**Cramping, pain, umbilical, region, bending body:**

*Nit-ac.*

**Cramping, pain, umbilical, region, bending body forward:**





Con.  
**Cramping, pain, umbilical, region, bending body forward amel:**  
 COLOC., *Aloe.*, *Senec.*  
**Cramping, pain, umbilical, region, breakfast, during:**  
 Alum.  
**Cramping, pain, umbilical, region, breakfast during after :**  
 Agar., *Kali-bi.*  
**Cramping, pain, umbilical, region, cold after taking:**  
*Bry.*  
**Cramping, pain, umbilical, region, cold after taking as after taking :**  
 Stann.  
**Cramping, pain, umbilical, region, diarrhea with:**  
 Kali-n.  
**Cramping, pain, umbilical, region, diarrhea with before :**  
 Coloc., *Mag-c.*, *Plat.*  
**Cramping, pain, umbilical, region, dinner during and after :**  
 COLOC., *Ant-t.*, *Bry.*, *Calc.*, *Ham.*  
**Cramping, pain, umbilical, region, eating after :**  
 Bell., *Carb-v.*, *Graph.*, *Kali-n.*, *Mag-m.*, *Plat.*, *Sulph.*  
**Cramping, pain, umbilical, region, evening :**  
 SULPH., *Alum.*, *Caust.*, *Phos.*, *Plat.*  
**Cramping, pain, umbilical, region, evening bed in:**  
 Nux-v.  
**Cramping, pain, umbilical, region, evening stool during :**  
 Inul.  
**Cramping, pain, umbilical, region, extending to abdomen:**  
 Calc.  
**Cramping, pain, umbilical, region, extending to anus :**  
 Ant-m,  
**Cramping, pain, umbilical, region extending to back:**  
 Plat.  
**Cramping, pain, umbilical, region, extending to chest:**  
 Kali-n.  
**Cramping, pain, umbilical, region, extending to downward :**  
 Plat.  
**Cramping, pain, umbilical, region, region, extending to groin:**  
 Thuj.  
**Cramping, pain, umbilical, region, extending to hip:**  
 Mag-c.  
**Cramping, pain, umbilical, region, extending to sacrum :**

*Mag-c.*  
**Cramping, pain, umbilical, region, extending to stomach:**  
*Carb-v.*, *Mag-c.*, *Sulph.*  
**Cramping, Pain, umbilical, region, extending to throat :**  
 Kreos.  
**Cramping, pain, umbilical, region, flatus amel:**  
*Bar-c.*, *Carb-v.*, *Mag-m.*, *Mez.*, *Sulph.*  
**Cramping, pain, umbilical region flatus amel as from:**  
 Plat., *Zinc.*  
**Cramping, pain, umbilical, region, fruit after :**  
 COLOC.  
**Cramping, pain, umbilical, region, inspiration on:**  
 Anac.  
**Cramping, pain, umbilical, region menses before :**  
 Kreos.  
**Cramping, cramping, pain, umbilical, region, morning :**  
*Aeth.*, *Bor.*, *Bov.*, *Lyc.*, *Mag-c.*, *Nat-m.*  
**Cramping, pain, umbilical, region, morning bed in:**  
 Caust., *Lyc.*  
**Cramping, pain, umbilical, region, morning rising after :**  
 Aeth.  
**Cramping, pain, umbilical, region, morning waking on:**  
 Bov.  
**Cramping, pain, umbilical, region motion:**  
*Bar-c.*, *Nit-ac.*  
**Cramping, pain, umbilical, region, night:**  
*Phos.*, *Bry.*, *Cycl.*, *Lyc.*, *Nux-m.*  
**Cramping, pain, umbilical, region, night bed in:**  
 Nux-m.  
**Cramping, pain, umbilical, region, night walking on:**  
 Cycl.  
**Cramping, pain, umbilical, region, noon:**  
*Sulph.*, *Mag-m.*  
**Cramping, pain, umbilical, region, periodical, :**  
 Ph-ac.  
**Cramping, pain, region, rising from stooping :**  
 Chin.  
**Cramping, pain, umbilical, region, sitting while:**  
*All-ac.*, *Chin.*, *Ph-ac.*, *Sulph.*  
**Cramping, pain, umbilical, region sitting while bent:**



Ant-t.  
**Cramping, pain, umbilical, region, soup after :**  
 Kali-n.  
**Cramping, pain, umbilical, region, sour food after :**  
 Asaf.  
**Cramping, pain, umbilical, region, standing :**  
 Bry., Gent-c.  
**Cramping, pain, umbilical, region, stool during :**  
 Corn., Cocc., Indg., Iod., Phos.  
**Cramping, pain, umbilical, region, stool, during before:**  
 Coloc., Ham., Graph. Kali-n., Lec., Mag-m., Mur-ac., Phos., Plb., Psor.  
**Cramping, pain, umbilical, region, stool during amel.:**  
 Meny.  
**Cramping, pain, umbilical, region, stooping :**  
 Am-m., Phos.  
**Cramping, pain, umbilical, region , supper after :**  
 Gels.  
**Cramping, pain, umbilical, region, urination after :**  
 Mag-c.  
**Cramping, pain, umbilical, region, vaginal discharge with:**  
 Mag-c.  
**Cramping, pain, umbilical, region, vaginal discharge with before :**  
 Sil.  
**Cramping, pain, umbilical, region, walking while :**  
 All-c., Gent-c., Zinc.  
**Cramping, pain, umbilical, region, walking while amel:**  
 Bar-c.  
**Distension, cramp-like , in, several, places like blisters :**  
 Plat.  
**Gurgling, in, cramping, as, in on inspiration morning and evening eating amel.:**  
 Mag-c.  
**Pressing, pain, hypogastrium, crampy:**  
 Sulph.  
**Sharp, pain, sharp, hypochondria, crampy:**  
 Graph.  
**Solar, plexus, affected, cramps , then over whole body:**  
 Grat.  
**Tearing, pain, cramp-like :**  
 Samb.

### **CRAMPS :[ANKLES] :**

**Achilles, tendons, cramps:**  
 Calc., Caust.  
**Achilles, tendons, cramps, night, in bed :**  
 Caust., Calc.  
**Achilles, tendons, cramps, night, in bed :**  
 Caust., Calc.  
**Cramp-like, pain, over heels:**  
 Agar.  
**Cramps:**  
 Calc., Cupr., Mag-p., Plat., Agar., Calc-p., Carl., Dulc., Sel.  
**Cramps, evening:**  
 Sel.  
**Cramps, evening, lying, while:**  
 Sel.  
**Cramps, exertion, after :**  
 Mag-p.  
**Cramps, extending, to, calf:**  
 Cupr.  
**Cramps, extending, to, calf over heel:**  
 Agar.  
**Cramps, extending, to, calf, toes :**  
 Nat-c.  
**Cramps, night:**  
 Calc., Cupr., Iod., Mag-p.  
**Cramps, night, waking:**  
 Calc., Dulc., Mag-p.  
**Cramps, night, walking, amel:**  
 Calc., Dulc.  
**Cramps, sleep, with, feeling, as if limbs were going to:**  
 Plat.  
**Drawing, pain, cramp-like:**  
 Arg-m., Sulph.  
**Pressing, pain, cramp-like:**  
 Verb.  
**Sharp, pain, cramp-like:**  
 Rhus-t.  
**Tearing, pain, cramp-like:**  
 Kali-c.

### **CRAMPS :[ARMS] :**



**Cramps:**

AM-C., CALC., Bell., Jatr., Agar., Alum., Ars., Ant-t., Bufo., Cact., Caps., Carbn-s., Carb-v., Caust., Cimic., Cit-v., Crot-c., Cupr., Dios., Eupi., Fl-ac., Graph., Guare. Hura., Hyper., Iod., Kali-i., Kali-s., Lach., Lyss., Lyc., Merc. Nux-v., Phos., Plb., Sec., Sulph., Tril., Valer.

**Cramps, evening, 9, p, m:**

Lyc.

**Cramps, left:**

Cast., Caps.

**Cramps, midnight, after :**

Sulph.

**Cramps, midnight, after, on, waking :**

Caust.

**Cramps, morning:**

Fl-ac.

**Cramps, right:**

Bufo.

**Cramps, cramps, forearms:**

Calc., Am-c., Anac., Arn., Berb., Calc-p., Cina., Coloc., Corn., Ferr-ma., Graph., Kali-i., Lyc., Mur-ac., Ph-ac., Plat., Plb., Ruta., Sep.

**Cramps., Cramps, forearms, afternoon:**

Lyc.

**Cramps, cramps, forearms, anterior, part :**

Berb., Plat., Plb.

**Cramps, cramps, forearms, extensor, muscles:**

Merc.

**Cramps, cramps, forearms flexing :**

Arn., Mur-ac.

**Cramps, cramps, forearms, flexor, muscles:**

Chin-s.

**Cramps, cramps, forearms, morning:**

Calc.

**Cramps, cramps, forearms, motion, agg:**

Kali-i., Plb.

**Cramps, cramps, forearms, night, in bed :**

Anac.

**Cramps, cramps, forearms, outer side :**

Nat-c.

**Cramps, cramps, forearms, resting, elbow:**

Plat.

**Cramps, cramps, forearms, walking, while:**

Sep.

**Cramps, cramps, upper, arms:**

Agar, Arg-m., Bell., Com., Kali-bi., Lil-t., Lyc., Mag-c., Mura-c., Petr., Rhus-t., Sulph., Valer.

**Cramps, cramps, upper, arms, biceps :**

Ruta., Valer.

**Cramps, cramps, upper, arms, deltoid:**

Petr.

**Cramps, cramps, upper, arms, exertion on:**

Mur-ac.

**Cramps, cramps, upper, arms, holding something in hand on:**

Petr., Rhus-t., Valer.

**Cramps, cramps, upper, arms, inner, side:**

Sulph.

**Cramps, cramps, upper, arms, motion agg:**

Petr.

**Cramps, cramps, upper, arms, raising arm on:**

Arg-m.

**Drawing, pain, cramp-like:**

Anac., Elaps., Kali-n., Nux-m.

**Drawing, pain, drawing, forearms, cramp-like:**

Meny., Rhod., Anac., Ang., Arg-m., Calc-p., Cina., Graph., Kalm., Laur., Lyc., Mura-c., Nat-c., Plat., Zinc.

**Drawing, pain, drawing, upper, arms cramp-like:**

Grat., Mag-c., Nat-m., Ruta.

**Motion, forward, over, chest, during clonic cramp:**

Atro.

**Motion, forward, over chest, during clonic cramps thrown violently :**

Ip.

**Numbness, exertion, during , cramp-like, numbness:**

Alum.

**Pressing, pain, cramp-like:**

Dros., Petr.

**Pressing, pain, pressing, forearms, cramp-like:**

Anac.

**Pressing, pain, pressing, upper, arms cramp-like:**

Anac., Asaf.

**Sharp, pain, cramp-like:**

Cina.



**Sharp, pain, sharp, upper, arms cramp-like:**

Cina.

**Stiffness, stiffness, forearms, cramp-like:**

Plat., Stann.

**Swelling, cramps, after :**

Graph.

**Tearing, pain, cramp-like:**

Aur., Nat-c., Ruta.

**Tearing, pain, tearing, forearms, cramp-like:**

Cina., Gran., Ruta.

**Tearing, pain, tearing upper, arms cramp-like:**

Meny.

**Twitching, twitching forearms, cramp-like:**

Asaf.

**CRAMP :[BACK] :**

**Cramp:**

Chin., Arg-n., Bell., Calc-p., Caust., Con., Iod., Kali-bi., Led., Lyc., Mag-m.,  
Mag-p., Naja., Nux-v., Petr., Plb., Verat

**Cramps, rising, from, sitting:**

Led.

**Cramp, turning, body:**

Dros.

**Cramp, walking:**

Mag-m.

**Cramp, cramp. Lumbar, region:**

Caust., Chin., Ant-c.

**Cramp-like, pain:**

Coloc., Euphr., Mag-p., Bell., Bry., Calad., Cimic., Con., Euph., Graph., Iris.,  
Lyc., Mez., Nit-ac., Nux-v., Sep., Viol-t.

**Cramp-like, pain, paroxsmal:**

Lyc.

**Cramp-like, pain, cramp-like, lumbar :**

CAUST., CHIN., Bell., Calc., Chin-s., Iris., Am-c., Ant-c., Graph., Lyc., Mag-  
m., Merc., Oci., Ph-ac., Sil.

**Cramp-like, pain, cramp-like, lumbar, buttocks and :**

Caust.

**Cramp-like, pain, cramp-like, lumbar, evening :**

Dios., Iris., Led.

**Cramp-like, pain, cramp-like, lumbar extending to bladder and  
groins :**

Bell.

**Cramp-like, pain, cramp-like , lumbar, extending to bladder and  
groins to epigastric region at night :**

Lyc.

**Cramp-like, pain, cramp-like, lumbar, menses during:**

Nux-v., Bell.

**Cramp, like, pain, cramp-like, lumbar, motion during :**

CHIN., Plb.

**Cramp-like, cramp-like, lumbar moving food on after standing :**

Thuj.

**Cramp-like, pain, cramp-like, lumbar, nursing while :**

Cham., Puls., Arn.

**Cramp-like, pain, cramp-like, lumbar, pressure amel:**

Plb.

**Cramp-like, pain, cramp-like, lumbar, sitting while :**

Caust.

**Cramp-like, pain, cramp-like, lumbar standing :**

Merc.

**Cramp-like, pain, lumbar, stooping amel.:**

Am-c.

**Cramp-like, pain, cramp-like, lumbar, walk when attempting to after  
long standing :**

Thuj.

**Cramp-like, lumbar, walking amel.:**

Merc.

**Cramp-like, pain, cramp-like, lumbar, walking amel slow amel.:**

Bell.

**Cramp-like, pain, cramp-like, scapula :**

Grat., Phos., Verat.

**Cramp-like, pain, cramp-like, scapula angle inner :**

Chel.

**Cramp-like, pain, cramp-like scapula, inner border :**

Chel.

**Cramp-like, pain, cramp-like scapula, left :**

Bar-c.

**Cramp-like, pain, cramp-like, scapula motion during :**

Ip.

**Cramp-like, pain, cramp-like, scapula, night:**

Nit-ac.

**Cramp-like, pain, camp-like, scapula, night:**



Chel.  
**Cramp-like, pain, cramp-like, scapula, right inner border of :**  
 Chel.  
**Cramp-like, pain, cramp-like, thoracic, middle of :**  
 PHOS., Bell., Ip.  
**Cramp-like, pain, cramp-like, thoracic, middle of left :**  
 Bar-c.  
**Cramp-like, pain, cramp-like, thoracic, thoracic, middle of motion during :**  
 Ip.  
**Drawing, pain, drawing, lumbar crampy:**  
 Sil., Sul-ac.  
**Pain, lumbar, lumbo-sacral, region, extending over ilium ending in cramp in uterus :**  
 Sep., Vib.  
**Pain, lumbar, lumbo-sacral, region, extending over ilium ending in cramp in uterus to uterus :**  
 Helon .  
**Sharp, pain, cramp-like :**  
 Cina., Lyc., Mag-c.  
**Sharp, pain, scapula, cramp-like:**  
 Ant-c.  
**Stiffness, cramp-like:**  
 Nit-ac.  
**Tearing, pain, cramp-like:**  
 Bell.  
**Tearing, pain, menses, during, cramp-like:**  
 Bell.  
**CRAMPS :[BLADDER] :**  
**Cramp, in:**  
 Berb., Caps., Carb-v., Coloc., Nux-v., Sars., Carbn-s., Caust. Coc-c., Ph-ac., Plb. Prun., Ruta., Sep., Zinc.  
**Cramp, in, causing , him, to bend double:**  
 Coloc., Caust., Prun.  
**Cramp, in, night:**  
 Prun.  
**Cramp, in, urination, during:**  
 Caust.  
**Cramp, in, urination, after :**  
 Nat-m., Caust.

**Cramp, in, cramp, urethra:**  
 Canth., Chel., Chin., Nit-ac., Phos.  
**Cramping, pain, bladder, morning:**  
 Alum.  
**Pressing, pain, pressure, in, cramp-like:**  
 Con.  
**Urging, ineffectual, cramps, in, rectum with:**  
 Caust.  
**CRAMPS:[BONES] :**  
**Tearing, pain, cramp-like:**  
 Valer., Aur., Olnd.  
**CRAMPS :[BREASTS] :**  
**Breast-feeding, stomach, cramp, from nursing:**  
 Carb-an., Carb-v., Chin., Phos.  
**Breast-feeding, stomach , cramp, from, nursing emptiness feeling with :**  
 Carb-an., Ign., Olnd., Sep.  
**Cramp, gradually, increasing, and, decreasing in:**  
 Plat.  
**Crampy, pain, :**  
 Lil-t., Plat.  
**Pain, nurses, while, child, cramps:**  
 Cham.  
**CRAMPS :[CHEST] :**  
**Cramp:**  
 Cocc., ferr., Kali-c., Lyc., Mez., Petr., Plat., Sars., Sulph., Zinc., Alum., Arg-n., Ars., Asaf., Bell., Bov., Cact., Calc., Coff., Con., Cupr., Dig., Graph., Ham., Ign., Kali-i., Lach., Mosch., Nit-ac., Nux-m., Nux-v., Plb., Puls., Rad-br., Sang., Sec., Sep., Tab., Tarent., Vip.  
**Cramp, air, open:**  
 Iod.  
**Cramp, belching:**  
 Dig.  
**Cramp, coughing, on:**  
 Kali-c., Laur.  
**Cramp, eating, after :**  
 Nat-m.  
**Cramp, eating after pork, after :**  
 Ham.  
**Cramp, evening :**



Phos.  
**Cramp, evening, riding, while:**  
Phos.  
**Cramp, evening, warm, room, in a :**  
Sulph.  
**Cramp, exertion, after :**  
Plb.  
**Cramp, lying, down, amel:**  
Sulph.  
**Cramp, menses, during:**  
Cocc.  
**Cramp, motion, agg.:**  
Ferr., Sulph.  
**Cramp, night:**  
Alum., Lyc., Phos., Sep.  
**Cramp, night, 1, 30, a m :**  
Nat-ar., Sep.  
**Cramp, walking:**  
Ferr.  
**Cramp, walking:**  
Ferr.  
**Cramp, warm, room, in:**  
Sulph.  
**Cramp, pain, :**  
Cact., Cocc., Puls., Sars., Spong., Lact., Mez., Petr.  
**Crampy, pain, belching, amel.:**  
Kali-c.  
**Crampy, pain, blowing, nose, on:**  
Sumb.  
**Crampy, pain, cough, with:**  
Bell., Kali-c., Laur.  
**Crampy, pain, eating, after:**  
Petr.  
**Crampy, pain, forenoon, 10, to 11 a m:**  
Aesc.  
**Crampy, pain, menses, during:**  
Cocc.  
**Crampy, pain, morning, 5 a m with cough:**  
Kali-c.  
**Crampy, pain, night:**

Kali-c., Nit-ac.  
**Crampy, pain, sleep, during :**  
Bell.  
**Crampy, pain, sleep, during, waking from:**  
Nit-ac.  
**Crampy, pain, sitting:**  
Mez.  
**Crampy, pain, stooping, amel.:**  
Petr.  
**Crampy, pain, walking, air, in, in open while:**  
Mez.  
**Crampy, pain, walking, air, in open while amel.:**  
Mez.  
**Crampy, pain, crampy, sternum:**  
Dig.  
**Crampy, pain, crampy, sternum, belching amel:**  
Phos.  
**Crampy, pain, crampy, sternum, bending forward agg:**  
Dig.  
**Diaphragm, cramping, pain:**  
Lyc., Nat-m., Nux-v., Stann., Verat., Verat-v., Zinc.  
**Drawing, pain, crampy:**  
Nit-ac.  
**Tearing, pain, tearing, sides, breathing deep cramp-like:**  
Con.  
**CRAMPS :[CLINICAL] :**  
Stones, kidney, colic, pain, from stones passage with writhing  
twitching crampy pain:  
Dios.  
**CRAMPS :[CONSTITUTION] :**  
Elderly, people, cramps, in, legs :  
CALC., Cupr-acet., Mag-p., Cupr.  
Elderly, people, plethoric, well, nourished painful cramp in calves or  
toes worse at night:  
Nux-v.  
Gouty, constitutions, headache, intermittent, pains semi-lateral  
tearing drawing crampy :  
Coloc.  
Rheumatic, constitutions, intermittent, headache, semi-lateral  
tearing drawing crampy :



*Coloc.*

**Women, cramps:**

*Cocc.*

**CRAMPS :[COUGHING] :**

**Cramps, in, chest, from:**

*Bell.*

**Evening, 9, p, m, 9 p m about with fever followed by burning heat of head cramps in legs and feet :**

*Lyc.*

**CRAMPS :[EARS] :**

**Cramp, in:**

*PH-AC., Anac., Cina., Glon., Merc., Plat., Sars., Agar., Aloe., Anac., Ang., Ars., Bry., Calc., Carb-ac., Colch., Croc., Croto-t., Dig., Graph., Kali-c., Kali-n., Kali-p., Kreos., Mang., Mur-ac., Nat-m., Nit-ac., Nux-v., Olnd., Petr., Ran-b., Spig., Spong., Stann., Staph., Thuj., Valer., Zinc.*

**Cramp, in, behind:**

*Calc-acet., Mang., Murx.*

**Cramp, in, concha:**

*Staph.*

**Cramp, in, evening:**

*Ran-b., Thuj.*

**Cramp, in, left:**

*Agar., Mur-ac., Nat-m., Spong., Zinc.*

**Cramp, in, lobule:**

*Zinc.*

**Cramp, in, right:**

*Petr., Samb., Stann., Thuj.*

**Cramp, in, walking, in, open air:**

*Mang., Spong.*

**CRAMPS :[ELBOWS] :**

**Drawing, pain, cramp-like:**

*Rhus-t.*

**Pain, elbows, cramp-like:**

*Bell., Chel., Verb.*

**Tearing, pain, cramp-like:**

*Aur.*

**CRAMPS :[EMERGENCY] :**

**Muscles, cramps:**

*BELL., CALC., COLOC., CUPR., MAG-P., Ars., Caust., Cocc., Dios., Dulc., Kali-c., Lyc., Rhus-t., Sep., Sil., Sulph., Verat., Zinc.*

**Muscles, cramps, injuries, soft, parts :**

*ARN., CON., RHUS-T., Calen., Nat-c., Puls., Sul-ac., Symph., All-p., Calc., Cham., Dulc., Euphr., Ham., Hyper., Lach., Nat-m., Phos., Samb., Sulph.*

**Muscles, cramps, tears, or rupture of :**

*CALEN.*

**Writers, cramp:**

*MAG-P., STANN., Brach., Calc., Cupr., Cycl., Ruta., Tril.*

**CRAMPS :[EYE] :**

**Cramps, eyes:**

*Sil.*

**Cramps, eyes, eyelids:**

*Meny., Ruta.*

**Cramps, eyes, eyelids, lower:**

*Ruta.*

**CRAMPS :[FACE] :**

**Cramp-like, pain, pain:**

*Cocc., Mag-m., Mag-p., Calc., Cham., Cic., Coloc., Hyos., Mang., Mur-ac., Plat., Stann.*

**Cramp-like, pain, burning:**

*Stann.*

**Cramp-like, pain, eating, after :**

*Mang.*

**Cramp-like, pain, opening, mouth:**

*Cham.*

**Cramp-like, pain, opening, mouth, opening and shutting mouth amel.:**

*Ang.*

**Cramp-like, pain, cramp-like, cheek, left:**

*Stann.*

**Cramp-like, pain, cramp-like, cheek, left:**

*Thuj.*

**Cramp-like, pain, cramp-like, malar bone :**

*Ang., Coloc., Mag-m., Cina., Cocc., Dig., Hyos., Mez., Nita-ac., Ruta., Sep., Valer.*

**Cramp-like, pain, cramp-like, malar bone extending to left eye:**

*Coloc.*

**Cramp-like, pain, cramp-like, malar, bone left :**

*Plat., Ol-an.*

**Pressing, pain, cheek, bones, crampy:**

*Stann.*



**CRAMPS : [FEET] :****Contraction, cramp-like:**

*Nat-m., Phos.*

**Contraction, toes, cramp-like:**

*Cham., Nux-v., Rhus-t.*

**Cramps:**

*BELL., CALC., CARBN-S., CAUST., CUPR., MAG-P., Acon., Agar., Ang., Asc-t., Camph., Colch., Coloc., Jatr., Lac-c., Lyc., Nat-c., Nat-m., Petr., Ph-ac., Rhus-t., Sec., Sil., Stram., Sulph.*

**Cramps, alternating, with, dim, vision:**

*Bell.*

**Cramps, bed, in:**

*Bry., Gnaph., Sanic.*

**Cramps, chill, during:**

*Cupr., Elat., Nux-v.*

**Cramps, cholera, in:**

*CUPR., VERAT., Sac.*

**Cramps, daytime:**

*Petr., Sep., Ox-ac.*

**Cramps, evening, 9, p, m:**

*Lyc.*

**Cramps, evening, 9, p, m drawing up limbs on:**

*Ferr.*

**Cramps, evening, 9 p, m walking while:**

*Verat.*

**Cramps, inner, border, of, foot bending foot inward :**

*Nat-c., Sep.*

**Cramps, inside, of:**

*Croto-t.*

**Cramps, left:**

*Nat-m.*

**Cramps, menses, during:**

*Lachn., Sulph.*

**Cramps, morning, 9, a, m.:**

*Lachn.*

**Cramps, motion, on:**

*Calc., Ph-ac.*

**Cramps, motion, on, first, motion, after resting :**

*Plb.*

**Cramps, night:**

*From., Lachn., Lyc., Nat-c., Sanic.*

**Cramps, outside, of:**

*Nicc.*

**Cramps, outside, of, sitting, during menses :**

*Nicc.*

**Cramps, sex, on, attempting:**

*Cupr.*

**Cramps, sitting, on:**

*Euph.*

**Cramps, sleep, on, going, to :**

*Hyper.*

**Cramps, standing, when:**

*Euph.*

**Cramps, stretching, on:**

*Caust., Verat.*

**Cramps, walking, while:**

*Sil.*

**Cramps, back, of, feet:**

*Com., Plb., Ran-b., Rhus-v.*

**Cramps, back, of, feet, walking while:**

*Ran-b.*

**Cramps, heels:**

*Anac., Bry., Cann-s., Crot-c., Eug., Led., Mag-c., Sel., Sep.*

**Cramps, heels, morning, in, bed :**

*Mag-c.*

**Cramps, soles:**

*CALC., CARBN-S., CARB-V., CAUST., SIL., SULPH., Agar., Alumn., Am-c., Apoc., Colch., Elat., Ferr., Hep., Nit-ac., Petr., Phos., Stront-c., Stry., Syph., Verat., Verb.*

**Cramps, soles, bed, in:**

*Calc., Bell., Carb-v., Sep., Thuj.*

**Cramps, soles, bed, in, putting out of agg:**

*Chel.*

**Cramps, soles, colic, preceding:**

*Plb.*

**Cramps, soles, dancing, when:**

*Bar-c.*

**Cramps, soles, daytime:**

*Nux-v.*





**Cramps, soles, daytime, rise, on trying to:**

Nux-v.

**Cramps, soles, drawing, on boot:**

Calc.

**Cramps, soles, evening:**

Hipp., Nat-m., Zinc.

**Cramps, soles, drawing, on boot:**

Calc.

**Cramps, soles, evening:**

Hipp., Nat-m., Zinc.

**Cramps, soles, evening, 7, p m:**

Nat-ar.

**Cramps, soles, evening, evening, lying, down after :**

Carb-v.

**Cramps, soles, flexing, thigh:**

Bell.

**Cramps, soles, hanging, down, on:**

Berb.

**Cramps, soles, intermittent, fever, in:**

Elat.

**Cramps, soles, lain, on, on the side :**

Staph.

**Cramps, soles, menses, during:**

Sulph.

**Cramps, soles, morning, 3 a m:**

Ferr., From.

**Cramps, soles, moving, on:**

Eug., Petr.

**Cramps, soles, night:**

CALC., SULPH., Agar., Nit-ac., Nux-v., Petr., Calad., Med.

**Cramps, soles, night, cholera in:**

SULPH.

**Cramps, soles, night drawing, up limbs :**

Kali-c., Nux-v.

**Cramps, soles, night, lying down when :**

Hry.

**Cramps, soles, night, lying down while:**

Sel.

**Cramps, soles, night rising, when:**

Plat.

**Cramps, soles, pregnancy, during:**

CALC.

**Cramps, soles, putting, out, on:**

Chel., Coff.

**Cramps, soles, riding, in, a carriage while:**

Thuj.

**Cramps, soles, sitting, while:**

Bry., Hipp., Stann.

**Cramps, soles, smoking, from:**

Calad.

**Cramps, soles, standing:**

Verb.

**Cramps, soles, stepping, on:**

Chel., Sulph.

**Cramps, soles, stretching, on:**

Caust.

**Cramps, soles, walking, while:**

Bar-c., Sil., Sulph., Calc., Cupr., Mag-p., Petr., Vip.

**Cramps, soles, walking, while, amel.:**

Verb., Calc.

**Cramps, toes:**

CALC., CAUST., CUPR., Am-c., Ars., Asaf., Bar-m., Cham., Chel., Crot-h., Cupr-ar., Ferr., Hep., Kali-c., Lyc., Nux-v., Ph-ac., Sec.

**Cramps, soles, toes, alternating, with, spasm of glottis :**

Asaf.

**Cramps, toes, evening:**

Petr.

**Cramps, toes, evening, bed, in:**

Ars.

**Cramps, toes, evening, bed , in 5 p m.:**

Lil-t.

**Cramps, toes, fifth toe :**

Coc-c.

**Cramps, toes, fifth toe, night on lying :**

Coc-c.

**Cramps, toes, first, toe:**

Calc-p, Coloc., Gamb., Kali-c., Nux-v., Psor., Sil., Tarent.

**Cramps, soles, toes, first toe bed in:**

Gamb.

**Cramps, toes, first, toe stretching foot on:**



Psor.  
**Cramps, toes, first, toe walking while:**  
*Sil., Gamb.*  
**Cramps, toes, flexor tendons :**  
Dios.  
**Cramps, toes, fourth, toe:**  
Coc-c.  
**Cramps, toes, fourth , toe night on lying:**  
Coc-c.  
**Cramps, toes, labor during:**  
Cupr.  
**Cramps, toes, menses, during:**  
Sulph.  
**Cramps, toes, midnight, bed, in:**  
Nux-v.  
**Cramps, toes, morning, in, bed :**  
Nicc.  
**Cramps, toes, night:**  
Calc., Coc-c.  
**Cramps, toes, night, bed , in:**  
*Ars., Merc-i-f.*  
**Cramps, toes, pregnancy, during:**  
*Calc.*  
**Cramps, toes, second, toe:**  
Sep.  
**Cramps, toes, stretching, out foot :**  
Bar-c., Psor., Sulph.  
**Cramps, toes, third, toe:**  
Coc-c., Iod.  
**Cramps, toes, third, toe, night:**  
Coc-c.  
**Cramps, toes, third, toe, night on lying :**  
Coc-c.  
**Drawing pain, cramp-like :**  
Arg-m., Chin., Hyper., Nat-m., Ph-ac.  
**Drawing pain, back, of, feet cramps-like:**  
Arg-m.  
**Drawing pain, heels, cramp-like:**  
Plat.  
**Drawing pain, soles, cramp-like:**

Cact.  
**Cramps, pain, toes, cramp-like:**  
*Anac., Plat., Vinc.*  
**Drawing, pain, toes, first , cramp-like:**  
Plat.  
**Sharp, pain, cramp-like:**  
Cina.  
**Sharp, pain, toes, cramp-like:**  
Calc., Cina., Sil.  
**Sharp, pain, toes, fifth cramp-like:**  
Ruta.  
**Swelling, cramp, after :**  
Graph.  
**Tearing, pain, back, of, feet cramp-like:**  
Nat-c.  
**Tearing, pain, tearing heels, cramp-like when limbs are crossed :**  
Ang.  
**Tearing, pain, toes, cramp-like:**  
*Anac.*  
**CRAMPS :[FEMALE] :**  
**Cramping:**  
Cham., Cimic., Coloc., Con., Mag-p., Sep., Staph., Thuj.  
**Cramping, extending, to abdomen:**  
Thuj.  
**Cramping, rising, from, a seat :**  
Thuj.  
**Cramping, ovaries:**  
COLOC., *Bufo., Naja.,* Cocc., Cub., Phos., Plat.  
**Cramping, ovaries, left:**  
*Coloc., Naja.,* Lach.  
**Cramping, ovaries, menses, during:**  
Cocc.  
**Cramping, uterus:**  
CAUL., CHAM., COLOC., MAG-P., NUX-V., SABIN., UST., *Bell., Cact.,*  
*Calad., Calc-p., Cocc., Con., Gels., Hyos., Ign., Mag-m., Plat., Sep., Tarent.,*  
*Vib.*  
**Cramping, uterus, anger, after :**  
CHAM.  
**Cramping, uterus, broad, ligaments :**  
CIMIC., Gels.



**Cramping, uterus, cold, damp, weather :**

*Calc-p.*

**Cramping, uterus, double, up, compelling her to :**

*COLOC., NUX-V., Cact., Cimic.*

**Cramping, uterus, double, up, compelling her to :**

*COLOC., NUX-V., Cact., Cimic.*

**Cramping, uterus, extending, down, thighs to stomach:**

*Cact.*

**Cramping, uterus, extending, down, thighs up the back :**

*Gels.*

**Cramping, uterus, humiliation, from:**

*Cocc., Coloc., Staph.*

**Cramping, uterus, menses, during:**

*CACT., CHAM., COCC., COLOC., GRAPH., MAG-P., NUX-V., Bell., Calc-p., Caust., Cimic., Coff., Con., Ign., Ip., Kali-c., Lach., Nit-ac., Plat., Puls., Tub.*

**Cramping, uterus, menses, during, after :**

*Cocc., Iod., Plat., Puls.*

**Cramping, uterus, menses, during, before :**

*CALC-p., CHAM., Caust., Mag-p., Vib.*

**Cramping, uterus, menses, during, should appear but do not when :**

*Cocc., Kali-c.*

**Cramping, uterus, midnight, after :**

*Calad.*

**Cramping, uterus, motion, from:**

*COCC.*

**Cramping, uterus, night, 11, p m.:**

*Cact.*

**Cramping, uterus, nursing:**

*Cham.*

**Cramping, uterus, pregnancy, during:**

*Cupr-ar.*

**Cramping, uterus, reaching, up:**

*Rhus-t.*

**Cramping, uterus, stool, after :**

*Lyc.*

**Cramping, uterus, touching, parts, agg:**

*Ign.*

**Cramping, uterus, vagina, discharge, followed by:**

*Con., Mag-m.*

**Cramping, uterus, walking, while:**

*Tarent.*

**Cramping, uterus, warmth, amel:**

*Caust., Nux-v., Nux-v.*

**Discharge, vagina, cramp, after , every:**

*Mag-m.*

**Menses, cramps, during:**

*CACT., CHAM., COCC., COLOC., GRAPH., MAG-P., NUX-V., SEP.*

**Menses, cramps, labor-like, pains:**

*CHAM., Acon., Alet., Am-c., Asaf., Bell., Calc., Calc-p., Carb-an., Caust., Cimic., Con., Cycl., Gels., Graph., Ign., Kali-c., Lac-c., Lach., Lil-t., Mag-p., Nat-c., Nit-ac., Nux-v., Plat., Puls., Rhus-t., Sec. Sep.*

**CRAMPS :[FEVER] :**

**Intermittent, fever, calves, with, camps in:**

*Mag-p.*

**CRAMPS :[GENERALITIES] :**

**Cramp:**

*Calc., Caps., Cupr., Mag-p., Sulph.*

**Cramp, night, on, waking:**

*Calc., Cupr., Mag-p., Sulph.*

**Drawing, pain, cramp-like, drawing:**

*Plat.*

**Sore, pain, cramp, after :**

*Plat.*

**Sore, pain, lain, on, affected with cramp-like pain:**

*PLAT.*

**CRAMPS :[GLANDS]:**

**Spleen, general, cramp, momentary, pain:**

*Ferr.*

**Spleen, general, cramp, momentary, pain menses before :**

*Sulph.*

**Spleen, general, cramp, region, of:**

*Aloe., Bell., Ferr.*

**CRAMPS :[HANDS] :**

**Constriction, constriction, fingers, under cramp-like :**

*Elaps.*

**Contraction, fingers, cramp-like:**

*Calc.*

**Cramps:**

*BELL., CALC., Agar., Coloc., Cupr., Graph., Kali-bi., Kali-c., Man-p., Nat-m., Phys.*



**Cramps, afternoon:**

Calc-s., Dios.

**Cramps, afternoon, p, m.:**

Dios.

**Cramps, alternating, with, dim vision:**

Bell.

**Cramps, alternating, with , dim, vision with feet :**

Stram.

**Cramps, ball, of:**

Plat.

**Cramps, bones, metatarsal:**

Aur.

**Cramps, cholera:**

CUPR., Sec.

**Cramps, closing, hands, on:**

Chin.

**Cramps, evening:**

Lyc.

**Cramps, evening, 9 p, m:**

Lyc.

**Cramps, exertion:**

Sil., Plat., Sec.

**Cramp, flexing, after:**

Merc.

**Cramps, grasping:**

DROS., Ambr., Graph., Lyc., Nit-ac., Plat., Stann.

**Cramps, grasping, grasping, a, cold stone:**

Nat-m.

**Cramps, left, :**

Calc., Euphr., Nat-p., Sulph.

**Cramps, morning:**

Calc.

**Cramps, motion:**

Ars., Merc., Sec.

**Cramps :[Hands]:Cramps, motion, amel:**

Acon.

**Cramps, night:**

Calc.

**Cramps, night, bed, in:**

Plb.

**Cramps, resting, after :**

Plb.

**Cramps, night:**

Acon. Merc-I-r., Plb., Sabad.

**Cramps, transversely, across:**

Ruta.

**Cramps, ulnar, side, of:**

Acon., Cocc., Puls.

**Cramps, writing:**

MAG-P., Alum-sil., Anac. Anac., Cycl., Nat-p., Euphr., Gels., Phos., Pic-ac., Plat., Sil.

**Cramps, cramps, back, of, at night in bed:**

Anac.

**Cramps, cramps, fingers:**

CHEL., CUPR., MAG-P., MERC., Arn., Carb-v., Cupr-ar., Nat-m., Stann. Sulph.

**Cramps, cramps, fingers, childbirth, during:**

CUPR., DIOS.

**Cramps, cramps, fingers, cholera, with:**

CUPR., VERAT., Colch., Sec.

**Cramps, cramps, fingers, cold, air in:**

Am-c.

**Cramps, cramps, fingers, cutting, with shears :**

Con.

**Cramps, cramps, fingers, evening:**

Ars.

**Cramps, cramps, fingers, first:**

Anac., Cycl., Graph., Kali-chl., Nat-p., Sulph.

**Cramps, cramps, fingers, first, writing while:**

Cycl.

**Cramps, cramps, fingers, fourth:**

Calc., Cocc., Com., Sulph.

**Cramps, cramps, fingers, fourth writhing while :**

COCC.

**Cramps, cramps, fingers, joints:**

Euphr., Mag-c., Plat.

**Cramps, cramps, fingers, joints, joints, metacarpo-phalangeal:**

Anac.

**Cramps, fingers, joints, proximal:**

Ars., Calc.



**Cramps, cramps, fingers, midnight, in bed :**

Nux-v.

**Cramps, cramps, fingers, morning:**

Tab.

**Cramps, cramps, fingers, moving , on:**

Merc.

**Cramps, cramps, fingers, night, in, bed:**

Ars.

**Cramps, cramps, fingers, periodical:**

Phos.

**Cramps, cramps, fingers, pick, up a small object on attempting to :**

Stann.

**Cramps, cramps, fingers, playing piano or violin:**

Mag-p.

**Cramps, cramps, fingers, second:**

Sulph., Am-m., Caust., Hura., Lil-t., Plb.

**Cramps, cramps, fingers, sewing, sewing, while:**

Kali-c.

**Cramps, fingers, shoemaking:**

Stann.

**Cramps, cramps, fingers, stretching, them when:**

Ars.

**Cramps, cramps, fingers, third:**

Sulph., Hura., Sep.

**Cramps, cramps, fingers, third, evening:**

Sulph., Sep.

**Cramps, cramps, fingers, third, extending to elbow :**

Sep., Sulph.

**Cramps, cramps, fingers, tips:**

Ars.

**Cramps, cramps, fingers, fingers, writing, while:**

MAG-P., STANN., Brach., Cupr., Cycl., Ruta., Tril.

**Cramps, cramps, palms:**

Coloc., Mur-ac., Naja., Spig., Stann., Stry., Zinc.

**Cramps, cramps, thumbs:**

Agar., Aml-n., Anac., Anag., Asaf., Mang., Nat-m., Plat., Valer.

**Cramps, thumbs, holding, objects:**

Graph.

**Cramps, cramps, thumbs, playing, piano:**

Zinc.

**Cramps, cramps, thumbs, muscles, adductor:**

Merc.

**Cramps, cramps, thumbs, muscles, adductor extensor:**

Zinc.

**Cramps, cramps, thumbs, twitching, with:**

Valer.

**Cramps, cramps, thumbs, writing, while:**

Cycl., Agar., Aml-n., Bell., Brach., Mur-ac.

**Drawing, cramp-like:**

Cina., Plat., Sil., Anac., Ang., Arg-m., Aur., Cann-s., Chin., Euphr., Grat.,

Lact., Lyc., Mosch., Ph-ac.

**Drawing, drawing, back, of, crampy:**

Anac., Arg-m.

**Drawing, fingers, cramp, like:**

Zinc.

**Drawing, drawing, fingers, cramp, like evening:**

Lyc., Sulph.

**Drawing, drawing, fingers, cramp, like bed in:**

Asar.

**Drawing, fingers, first, cramp like:**

Plat.

**Drawing, drawing, fingers, fourth, cramp like:**

Phos.

**Drawing, drawing, fingers, paroxysmal, crampy:**

Stann.

**Drawing, drawing, thumbs, cramp-like:**

Anac., Meny.

**Pain, fingers, cramp-like:**

Lil-t.

**Paralysis, paralysis, fingers, first, cramps with:**

Carbn-s.

**Stiffness, cramp-like:**

Plat., Stann.

**Swelling, hands, swelling, fingers, cramp after :**

Graph.

**Tearing, pain, fingers, joints, of cramp-like:**

Kali-n.

**Twitching, hands, twitching, fingers, cramp-like:**

Anac.

**Weak, hands, cramp-like:**



Caust.

**CRAMPS :[HEADACHE] :**

**Cramping, pain:**

*Acon., Ambr., Ant-t., Coloc., Ign., Ph-ac., Plat., Alum., Am-m., Anac., Ars., Asaf., Calc., Carb-v., Cina., Colch., Croc., Eug., Gels., Kali-c., Mag-m., Mez., Nita-c., Nux-v., Olnd., Petr., Psor., Ran-s., Rheum., Sep., Squil., Stann., Teucr., Thuj., Verb., Zinc.*

**Cramping, pain, evening:**

*Alum.*

**Cramping, pain, evening:**

*Alum.*

**Cramping, pain, extending, to, malar-bone:**

*Bell.*

**Cramping, pain, morning, early, after rising:**

*Mag-c.*

**Cramping, pain, rubbing, forehead amel:**

*Thuj.*

**Cramping, pain, study, and, exertion from after ague:**

*Gels.*

**Cramping, pain, suppressed, catarrh, from:**

*Acon.*

**Cramping, pain, vexation, after :**

*Mag-c.*

**Cramping, pain, cramping, forehead:**

*Plat., Aeth., Bell., Calc., Croc., Ign., Nat-c.*

**Cramping, pain, cramping, forehead, above root of nose :**

*Arn., Bell., Spong.*

**Cramping, pain, cramping, forehead, as, if would lose senses :**

*Acon., Ign.*

**Cramping, pain, cramping, forehead, extending to eyes:**

*Nat-c.*

**Cramping, pain, cramping, forehead, extending to eyes lower jaw :**

*Bell.*

**Cramping, pain, cramping, forehead, extending to eyes nose :**

*Nat-c.*

**Cramping, pain, cramping, forehead, extending to eyes vertex :**

*Calc.*

**Cramping, pain, cramping, occiput:**

*Camph., Am-m., Dios.*

**Cramping, pain, cramping, occiput small spot :**

*Am-m.*

**Cramping, pain, cramping, occiput stooping :**

*Camph.*

**Cramping, pain, cramping, sides :**

*Bell., Phos., Sars., Thuj.*

**Cramping, pain, cramping, sides, left:**

*Phos., Thuj.*

**Cramping, pain, cramping, sides, left cold crampy :**

*Phos.*

**Cramping, pain, cramping, sides, right:**

*Bell.*

**Cramping, pain, cramping, temples:**

*Calc., Kali-c., Petr., Agar., Cann-s., Cina., Indg., Nat-m., Plat., Verb., Zinc.*

**Cramping, pain, cramping, temples, afternoon:**

*Plat.*

**Cramping, pain, cramping, temples, extending into teeth :**

*Nat-m.*

**Cramping, pain, cramping, temples, left :**

*Agar., Indg., Kali-c., Sil.*

**Cramping, pain, cramping, temples, left muscle:**

*Cocc.*

**Cramping, pain, cramping, temples, right:**

*Nat-m.*

**Cramping, pain, cramping, temples, tickling with:**

*Cann-s.*

**Cramping, pain, cramping, vertex :**

*Chin., Coloc., Phos.*

**Drawing, drawing, occiput, sides, cramp-like :**

*Sulph., Kali-n., Plan.*

**Drawing, drawing, vertex, cramp-like:**

*Phos.*

**Forehead, headaches, general, alternating with pain in small of back crampy pain in chest at last tea :**

*Lachn.*

**Pressing, cramp-like:**

*Plat., Ars., Colch., Ph-ac., Ran-s., Zinc.*

**Pressing, forehead, cramp-like:**

*PLAT.*

**Shooting, pain, cramps, during:**

*Hell.*



## **CRAMPS :[HEART] :**

### **Cramp:**

LACH., Ars., Kali-c., Anac., Bry., Cupr., Kali-bi., Mez., Myric., Sep., Tarent., Thuj., Zinc.

### **Cramp:**

LACH., Ars., Kali-c., Anac., Bry., Cupr., Kali-bi., Mez., Myric., Sep., Tarent., Thuj., Zinc.

### **Cramps, music, from, soft:**

Thuj.

### **Crampy, pain, in:**

CACT., LACH., Bry., Anac., Ars., Cupr., Laur., Ptel., Sep., Zinc.

### **Crampy, pain, in , exertion:**

Bry.

### **Crampy, pain, in, raising:**

Bry.

### **Palpitations, anxiety, cramp-like, pain, in precordial region with:**

Lach.

## **CRAMPS :[HIPS] :**

### **Cramps, like, pains:**

Anag., Ang., Cann-s., Coloc., Cur., Jug-c., Sulph.

### **Cramp, like, pains iliac, bone in:**

Anac.

### **Cramps, like, pains, jerks painful sudden :**

Sulph.

### **Cramp, like, pains, kidneys, to thighs from with sensation as if hip joint were fastened by iron clam :**

Coloc.

### **Cramp, like, pains, left, hip at night in with heat on inner side of thigh and in feet :**

Jug-c.

### **Cramp, like, pains, left, hip, at night in with heat on inner side of thigh and in feet left side goi:**

Alum.

### **Cramp, like, pains, menses, during pain:**

From.

### **Cramp, like, pains, movement, on least:**

Cur.

### **Cramp, like, pains, movement, on least right in:**

Cann-s.

### **Cramp, like, pains, moving, when as if stiff or dislocated :**

Ang.

### **Cramp, like, pains, parts, were screwed in a vise as though lies upon affected side with knee bent u:**

Coloc.

### **Cramp, in:**

Ang., Ph-ac., Phos., Sep., Arg-m., Aur., Bell., Calc., Cann-s., Crab-an., Carb-v., Caust., Cimic., Coloc., Cop., Cur., Jug-c., Mag-p., Nat-m., Ruta., Sul-ac., Valer.

### **Cramps, in, eating, while:**

Ph-ac.

### **Cramps, in, gluteal, muscles:**

Hyper., Agar., Bell., Gels., Hyos., Mag-p.

### **Cramps, in, labor, during:**

Cimic.

### **Cramps, in, left:**

Jug-c.

### **Cramps, in, menses, during:**

Cimic., Form.

### **Cramps, in, night:**

Jug-c., Sep.

### **Cramps, in, right:**

Sul-ac.

### **Cramps, in, sitting, while:**

Ph-ac.

### **Cramps, in, walking:**

Carb-an., Sep.

### **Drawing, pain, cramp-like:**

Coloc., Aur., Plat., Verat.

### **Sharp, pain, cramp-like:**

Cina.

## **CRAMPS :[INTESTINES] :**

### **Cramp-like, pain, sigmoid, flexure, to back with vomiting:**

Dios.

### **Cramping, pain:**

AGAR., ALOE., AM-M., BELL., CALC., CARBN-S., CARB-V., CHAM. CHEL., COCC., COLOC., CUPR., DIOS., DULC., GRAPH., LYC., MAG-M., MAG-P., NUX-V., OP., PH-AC., PLB., PODO., PULS., SENN., SIL., SPONG., STANN., STRY., SULPH., VERAT., ZING.

### **Cramping, pain, afternoon:**

Verat., Agar., Alum., Bism., Bry., Carbn-s., Carb-v., Coloc., Corn., Grat., Kali-n., Laur., Lyc., Mag-c., Nat-c., Nat-m., Nat-s., Nicc., Op., Par., Phyt., Sil., Senec., Sulph.

**Cramping, pain, afternoon, 1, p m.:**

Mag-m.

**Cramping, pain, afternoon, to, 10 pm:**

Lyc.

**Cramping, pain, afternoon, 4, p, m:**

LYC., Caust., Coloc., Hell.

**Cramping, pain, afternoon, 4, p m 4 to 9 p m:**

Coloc.

**Cramping, pain, afternoon, 5 p m:**

Aran., Tell.

**Cramping, pain, air, cold, in:**

Am-c., Lyc.

**Cramping, pain, air, cold, in open in:**

Ign.

**Cramping, pain, air, cold, in open in amel.:**

Nat-c.

**Cramping, pain, alternating, pain, in chest with:**

Ran-b.

**Cramping, pain, alternating, pain, in chest with vertigo with:**

Verat.

**Cramping, pain, ascending, steps:**

Hell.

**Cramping, pain, bed, in:**

Coloc., Alum., Dig., Dios., Kali-c., Lact., Nat-m., Nux-v., Psor., Rhus-t., Sabin., Valer.

**Cramping, pain, belching, amel:**

Sulph., Carb-v., Kali-c., Sep.

**Cramping, pain, bending backward, amel:**

DIOS., Bell., Nux-v., Onos.

**Cramping, pain, bending backward amel forward amel :**

COLOC., Acon., Caust., Chin., Lach., Mag-p., Plb., Rhus-t., Stann.

**Cramping, pain, chill, during:**

COCC., Led.

**Cramping, pain, chill, during before:**

Spong., Ars.

**Cramping, pain, chillness, during :**

Rhus-t., Sep.

**Cramping, pain, coffee, from:**

Cham., Nux-v., Ign., Nat-m.

**Cramping, pain, cold, after, taking:**

All-c., Dulc., Alum., Alumn., Nat-c., Nit-ac.

**Cramping, pain, cold, after, taking as after taking:**

Hep., Petr., Stann.

**Cramping, pain, constipation, during:**

Op., Plb., Podo., Merc., Sil.

**Cramping, pain, convulsions with:**

Cic.

**Cramping, pain, coughing, when :**

Chel., Plb., Tarent.

**Cramping, pain, diarrhea, with:**

Ars., Petr., Phos., Sep., Zinc.

**Cramping, pain, diarrhea, with, before:**

Ars., Kali-n., Mag-c., Mag-m., Phos., Sulph.

**Cramping, pain, dinner, during, :**

Am-c., Kali-c., Mag-c., Zinc.

**Cramping, pain, dinner, during, after :**

MAG-C., ZING., Ran-b., Agar., Alum., Caps., Cocc., Croto-t., Gent-c., Kali-c., Kali-c., Naja., Phos., Thuj., Trom., Valer.

**Cramping, pain, drinking, water, after :**

COLOC., Crot-c., Manc., Nux-v., Puls., Rhus-t., Nux-v., Cham., Nat-m., Nit-ac., Raph.

**Cramping, pain, eating, while :**

Nux-v., Carb-v., Caust., Dulc., Kali-p.

**Cramping, pain, eating, while, after:**

All-c., Ant-t., Colch., Coloc., Graph., Nat-c., Puls., Rhus-t., Sulph., Verat.

**Cramps, pain, eating, while after 2 hours :**

Sil.

**Cramping, pain, eating, while, amel.:**

Bov., Psor.

**Cramping, pain, extending, to, left chest :**

Kali-n.

**Cramping, pain, extending, to, lumbar region:**

Alum., Guai., Kali-n., Nat-m.

**Cramping, pain, extending, to stomach :**

Kali-n.

**Cramping, pain, extending, to, upward :**

Mag-m.

**Cramping, pain, evening:**

CALC., Valer., Iris., Alum., Am-c., Bism., Calad., Carb-v., Cast., Chin., Cycl., Grat., Kali-n., Led., Mag-c., Mag-m., Mag-s., Merc., Nat-m., Petr., Ph-ac., Plan., Plb., Sars., Senec., Stann., Sulph., Sul-ac., Tarent., Thuj., Zinc.





**Cramping, pain, evening, bed, in:**

*Valer., Alum., Ars., Hyos.*

**Cramping, pain, extending, to, upward :**

*Mag-m.*

**Cramping, pain, evening :**

*CALC., Iris., Puls., Valer., Alum., Am-c., Bism., Bism., Calad., Carb-v., Cast., Chin., Cycl., Grat., Kali-n., Led., Mag-c., Mag-m., Mag-s., Merc., Nat-m., Petr., Ph-ac., Plan., Plb., Sars., Seneg., Stann., Sulph., Sul-ac., Tarent., Thuj.*

**Cramping, pain, evening, bed, in:**

*Valer., Alum., Ars., Hyos.*

**Cramps, pain, fever, during:**

*Caps., Carb-v., Elat., Rhus-t., Rob.*

**Cramping, pain, fever, during:**

*Caps., Carb-v., Elat., Rhus-t., Rob.*

**Cramping, pain, flatus, from before passing flatus :**

*Ars., Graph., Guai., Mez., Mur-ac., Rheum., Sil., Spig., Tarax.*

**Cramping, pain, flatus, passing, from :**

*Chin., Squil., Aur., Canth., Mur-ac., Nita-c., Spig., Staph.*

**Cramping, pain, flatus, passing, from amel.:**

*Acon., Am-c., Coloc., Con., Echi., Graph., Hydr., Nat-m., Cimx., Lyc., Mag-c., Merc-c., Nux-m., Ol-an., Psor., Rumx., Sil., Spong., Squil., Squil., Sulph.*

**Cramps, pain, forenoon:**

*DIOS., Agar., Am-c., Am-c., Coloc., Kali-bi., Kali-n., Lyc., Mag-c., Paeon., Sars., Sulph., Tell., Xan.*

**Cramping, pain, forenoon, 9, a m:**

*Mag-c.*

**Cramping, pain, forenoon, 10, a m:**

*Carbn-s.*

**Cramping, pain, forenoon, 11 a m.:**

*Corn.*

**Cramping, pain, fruit, after :**

*Chin., Coloc., Puls., Calc-p.*

**Cramping, pain, holding, abdomen, amel:**

*Coloc., Mang.*

**Cramping, pain, hot, milk, amel:**

*Croto-t.*

**Cramping, pain, humiliation, from:**

*Coloc., Staph.*

**Cramping, pain, hysterical:**

*Calc., Ip., Mag-m., Mosch., Stann., Stram., Valer.*

**Cramping, pain, evening, bed, in:**

*Valer., Alum., Ars., Hyos.*

**Cramping, pain, during:**

*Caps., Carb-v., Elat., Rob.*

**Cramping, pain, flatus, from:**

*Euph., Graph., Kali-c., Mang., Phos., Sulph.*

**Cramping, pain, flatus, before passing flatus :**

*Ars., Graph., Guai., Mez., Mur-ac., Rheum., Sil., Spig., Tarax.*

**Cramping, pain, flatus, from, before passing flatus :**

*Ars., Graph., Guai., Mez., Mur-ac., Rheum., Sil., Spig., Tarax.*

**Cramping, pain, flatus, passing, from:**

*Chin., Squil., Aur., Canth., Mur-ac., Nit-ac., Spig., Staph.*

**Cramping, pain, flatus, passing, from amel.:**

*Acon., Am-c., Coloc., Con., Echi., Graph., Hydr., Nat-m., Cimx., Merc-c., Nat-ar., Nux-m., Ol-an., Psor., Rumx., Sil., Spong., Squil., Sulph.*

**Cramping, pain, forenoon :**

*DIOS., Nat-m., Agar., Am-c., Am-m., Coloc., Kali-bi., Kali-n., Lyc., Mag-c., Paeon., Sars., Sulph., Tell., Xan.*

**Cramping, pain, forenoon, 9, a m:**

*Mag-c.*

**Cramping, pain, forenoon:**

*Carbn-s.*

**Cramping, pain, forenoon, 11, a m.:**

*Corn.*

**Cramping, pain, forenoon, 11 a. m.:**

*Corn.*

**Cramping, pain, fruit, after :**

*Chin., Coloc., Puls., Calc.*

**Cramping, pain, holding, abdomen, amel:**

*Coloc., Mang.*

**Cramping, pain, hot, milk, amel.:**

*Croto-t.*

**Cramping, pain, humiliation, from:**

*Coloc., Staph.*

**Cramping, pain, hysterical:**

*Cocc., Ip., Mag-m., Mosch., Stann., Stram., Valer., Ars., Bell., Bry., Nux-v.*

**Cramping, pain, ice, cream, after :**

*ARS., Calc-p., Ip., Puls.*

**Cramping, pain, indignation, after :**

*STAPH.*



**Cramping, pain, inspiration, on :**

*Sulph., Aesc., Am-m., Brom., Guai.*

**Cramping, pain, jerking:**

*Graph., Mur-ac., Plat.*

**Cramping, pain, kneading, abdomen, amel:**

*Nat-s.*

**Cramping, pain, leaning, on, a sharp edge :**

*Ran-b., Samb.*

**Cramping, pain, lying, while:**

*Phos., Spig.*

**Cramping, pain, lying, while, abdomen on amel.:**

*Coloc., Am-c., Chion., Der.*

**Cramping, pain, lying, while, amel while:**

*Cupr., Ferr.*

**Cramping, pain, lying, while, back on from:**

*Phys.*

**Cramping, pain, lying, while, back on from with limbs drawn up**

**amel.:**

*Rhus-t.*

**Cramping, pain, while, light side on amel:**

*Phys.*

**Cramping, pain, lying, while side on:**

*Coloc., Ign.*

**Cramping, pain, lying, while side on amel:**

*Nat-s.*

**Cramping, pain, melons, from:**

**ZING.**

**Cramping, pain, menses, before:**

*KALI-C., Am-c., Bell., Calc-p., Caust., Cham., Cinnb., Cocc., Coloc., Croc.,  
Cupr., Ign., Lach., Mag-p., Plat., Sep.*

**Cramping, pain, menses, during:**

*COCC., SULPH., Am-c., Bell., Bor., Caul., Caust., Cham., Chin., Chin-s.,  
Cimic., Cinnb., Coff., Coloc., Con., Cupr., Graph., Kali-c., Mag-p., Nat-m., Nit-  
ac., Nux-v., Plat., Puls., Sep.*

**Cramping, pain, menses, during, side on after :**

*Am-c., Cocc., Kreos., Merl., Puls.*

**Cramping, pain, menses, during, from hip to hip :**

*Cimic., Lac-c., Thuj.*

**Cramping, pain, milk, after :**

*Lac-d., Bufo., Cupr., Mag-s., Raph.*

**Cramping, pain, morning:**

*CAUST., DIOS., NUX-V., Lyc., Puls., Agar., Am-c., Calc., Carbn-s., Coc-c.,  
Coloc., Colch. Con., Cupr., Euphr., Graph., Hep., Kali-bi., Kali-c., Kali-n., Lact.,  
Lob., Mag-m., Mang., Nat-c., Nat-m., Nit-ac., Phos., Psor., Rat., Ruta., Sabin.,  
Sars., Sep., Staph., Sulph., Tarent., Xan., Zinc.*

**Cramping, pain, morning, bed, in:**

*NUX-V., Puls., Agar., Euph., Kali-c., Lact., Mag-c., Nat-m., Psor., Sabin.*

**Cramping, pain, morning, fasting, from:**

*Dulc.*

**Cramping, pain, morning, rising, on:**

*Nat-m., Ruta.*

**Cramping, pain, morning, rising, on after :**

*Am-m., Ars., Mag-m., Nit-ac.*

**Cramping, pain, morning, rising, on amel:**

*Nat-m.*

**Cramping, pain, morning, uncovering, on:**

*Rheum.*

**Cramping, pain, morning, waking, on:**

*Agar., Cob, Coloc., Lyc., Mang., Nat-m., Rheum., Xan.*

**Cramping, pain, waking, on:**

*Agar., Cob., Colch., Lyc., Mang., Nat-m., Rheum., Xan.*

**Cramping, pain, morning, waking, on 5 a m :**

*Cob.*

**Cramping, pain, morning, waking, on 6 a m.:**

*Coloc.*

**Cramping, pain, motion, on:**

*COCC., IP., Mur-ac., Nit-ac., Nux-v., Zinc., Alum., Brom., Corn-f., Mag-p.,  
Phys., Ran-b., Raph., Rhus-t.*

**Cramping, pain, motion, on, motion amel:**

*Gels., Bov., Rhus-t.*

**Cramping, pain, night:**

*CALC., Chin., Cycl., Iris., Nat-s., Nit-ac., Rhus-t., Sulph., Valer.*

**Cramping, pain, night, 1, a m.:**

*Mag-m.*

**Cramping, pain, night, 2, a m:**

*Nat-s., Phos.*

**Cramping, pain, night, a m:**

*Carb-v.*

**Cramping, pain, night, bed, in:**

*Dig., Rhus-t.*



**Cramping, pain, night, midnight:**

COCC., NIT-AC., Zinc., Alum., Coloc., Lyc., Petr., Rhus-t.

**Cramping, pain, night, midnight, after :**

Am-m. Aur., Sulph.

**Cramping, pain, night, uncovering, on:**

Bry.

**Cramping, pain, noon:**

Alumn., Carb-v., Kali-c., Mag-c., Sulph.

**Cramping, pain, pressure, amel:**

COLOC., Mag-p., Podo., Stram., Am-m., Brom., Mang.

**Cramping, pain, riding, while:**

Psor.

**Cramping, pain, rising, from a seat:**

Kali-c.

**Cramping, pain, rising, from a seat amel:**

Chin., Spong.

**Cramping, pain, rubbing, from:**

Sulph.

**Cramping, pain, sex, during:**

Graph.

**Cramping, pain, sitting, while:**

Chin., Dig., Elaps., Ferr., Par., Rhus-t., Spong.

**Cramping, pain, sitting, while, amel:**

Bell., Mur-ac.

**Cramping, pain, sitting, while, bent while:**

Carb-v., Dulc.

**Cramping, pain, sitting, while head on knees with amel.:**

Euph.

**Cramping, pain, sitting, while, sleep during:**

Kali-n.

**Cramping, pain, smoking, after :**

Bufo., Brom.

**Cramping, pain, soup, after :**

Zinc.

**Cramping, pain, standing, while:**

Bell., Gent-c., Mur-ac., Zinc.

**Cramping, pain, standing, while, amel.:**

Chin.

**Cramping, pain, standing, while , bent amel.:**

Spong.

**Cramping, pain, stool, during, after :**

AM-C., SULPH., Aloe., Ars., Carb-v., Coloc., Nat-m., Op., Agar., Carb-an., Carbn-s., Con., Cupr., Eup-per., Glon., Graph., Grat., Kali-bi., Kali-c., Lil-t., Lyc., Mag-c., Nat-c., Nit-ac., Plb., Rheum., Rhod., Sul-ac.

**Cramping, pain, stool, during amel:**

COLOC., NAT-S., NUXJ-V., Gamb., Gels., Mag-c., Agar., Aloe., Carbn-s., Cinnb., Coc-c., Ferr., Indg., Naja., Nat-ar., Puls., Seneg., Sulph.

**Cramping, pain, stool, during, before:**

ALOE., AM-C., ARG-N., CHIN., COLOC., MAG-C., OP., PODO., SULPH., Agar., Am-m., Ars., Bry., Calc-p., Coloc., Coll., Croto-t., Jatr., Lil-t., Mez., Nux-v., Phos., Thuja., Trom., Verat.

**Cramping, pain, stool, during, before hard :**

Op., Meny.

**Cramping, pain, stooping, agg:**

Sulph., Am-c., Dulc., Nux-v.

**Cramping, pain, supper, after :**

Alum., Calc., Coff., Gels., Grat., Ol-an.

**Cramping, pain, suppressed, hemorrhoidal, flow:**

NUX-V.

**Cramping, pain, tea, after :**

Hyper.

**Cramping, pain, tranverse, colon, in:**

Guai., Staph.

**Cramping, pain, turning, amel:**

Euph., Mag-c.

**Cramping, pain, urination, on:**

Cham., Merc., Bar-c., Sul-ac.

**Cramping, pain, urination, on, amel:**

Tarent.

**Cramping, pain, vaginal, discharge, with:**

Zinc.

**Cramping, pain, vaginal, discharge, with before :**

Con., Mag-c., Mag-m., Sulph.

**Cramping, pain, vaginal, discharge, with vegetable after :**

Cupr..

**Cramping, pain, vexation, after :**

COLOC., Staph., Cham.

**Cramping, pain, waking, on:**

Stront-c., Zinc., Coloc., Ran-b., Zinc., Alum., Coc-c., Colch., Euphr., Ferr., Lyc., Mez., Nat-m., Stann., Xan.

**Cramping, pain, walking, while:**



*Coloc., Ran-b., Zinc., Ang., Bell., Chin., Cupr., Gent-c., Kali-bi., Mur-ac., Nat-p., Phos., Prun., Stann.*

**Cramping, pain, walking, while, amel:**

*Sulph., Chin., Cycl., Dig., Elaps., Ferr., Par., Puls.*

**Cramping, pain, walking, while, open air in:**

*Agar., Am-c., Bry., Ph-ac., Rhus-t., Sil., Sulph.*

**Cramping, pain, wandering:**

*Mur-ac., Spig., Staph.*

**Cramping, pain, wandering:**

*Mur-ac., Spig., Staph.*

**Cramping, pain, warm, milk, amel:**

*Croto-t., Op.*

**Cramping, pain, warm, milk room amel:**

*Am-c.*

**Cramping, pain, warmth, amel:**

*Alum., Am-c., Cupr-s.*

**Cramping, pain, wet, getting, feet:**

*All-c.*

**Cramping, pain, wine, after :**

*Lyc.*

**Cramping, pain, yawning:**

*Zinc.*

**Cramping, pain, hypochondria, region :**

*Calc-s., Ip., Kali-c., Lact., Lyc., Mur-ac., Zinc., Aesc., Aloe., Am-m., Arg-m., Bar-c., Bell., Bry., Bufo., Calc., Camph., Caust., Cupr., Dios., Ign., Iod., Kali-bi., Kali-bi., Kali-i., Mag-c., Nat-m., Nit-ac., Ph-c., Phos., Plat., Sep., Sil., Stann., Sulph.*

**Cramping, pain, hypochondria, region, alternating with oppression of chest :**

*Zinc.*

**Cramping, pain, hypochondria, region, belching amel:**

*Sep.*

**Cramping, pain, hypochondria, region bending forward agg.:**

*Dig.*

**Cramping, pain, hypochondria, region, coughing on:**

*Lyc.*

**Cramping, pain, hypochondria, region evening :**

*Calc-s., Dios.*

**Cramping, pain, hypochondria, region, extending to back across the :**

**SIL.**

**Cramping, pain, hypochondria, region, extending to downward :**

*Hell.,*

**Cramping, pain, hypochondria, region, extending to hips to:**

*Sil.*

**Cramping, pain, hypochondria, region extending to lumbar vertebrae to:**

*Camph.*

**Cramping, pain, hypochondria, region, extending to umbilicus to :**

*Ph-ac.*

**Cramping, pain, hypochondria, region, extending to upward :**

*Mag-c.*

**Cramping, pain, hypochondria, region flatus amel:**

*Mur-ac., Sep.*

**Cramping, pain, hypochondria, region intermittent:**

*Mag-c.*

**Cramping, pain, hypochondria, region, left :**

*Plat., Zinc.*

**Cramping, pain, hypochondria, region, left extending to stomach :**

*Phos.*

**Cramping, pain, hypochondria, region menses before :**

*Sulph.*

**Cramping, pain, hypochondria, region, morning :**

*Teucr.*

**Cramping, pain, hypochondria, region, motion agg.:**

*Zinc.*

**Cramping, pain, hypochondria, region, right:**

*Calc-s.*

**Cramping, pain, hypochondria, region, paroxysmal:**

*Nit-ac., Sep., Sil.*

**Cramping, pain, hypochondria, region, periodic:**

*Ph-ac.*

**Cramping, pain, hypochondria, region, respiration deep :**

*Croc.*

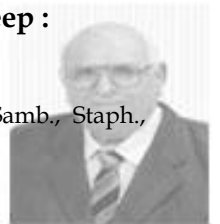
**Cramping, pain, hypochondria, region, right :**

*Carb-an., Iod., Kali-c., Mag-c., Nat-m., Ph-c., Phos., Rhus-t., Samb., Staph., Sulph., Verb., Zinc.*

**Cramping, pain, hypochondria, region, rubbing amel:**

*Phos.*

**Cramping, pain, hypochondria, region, sitting:**



Carb-an., Rhus-t.  
**Cramping, pain, hypochondria, region, stepping:**  
 Caust.  
**Cramping, pain, hypochondria, region, stepping extending to stomach stool during:**  
 Sul-ac.  
**Cramping, pain, hypochondria, region, stepping after :**  
 Caust.  
**Cramping, pain, hypochondria, stooping on:**  
 Lyc.  
**Cramping, pain, hypochondria, turning the body:**  
 Lyc.  
**Cramping, pain, hypochondria, region, walking while:**  
 Sulph.  
**Cramping, pain, hypochondria, region, walking while after:**  
 Ph-ac.  
**Cramping, pain, hypogastrium:**  
 SULPH., Acon., Agar., Ars., Bell., Bry., Carb-v., Chel., Cocc., Coll. Con., Cupr-ar., Dios., Gels., Nat-c., Nux-v., Prun., Sil., Stry.  
**Cramping, pain, hypogastrium, bending, double compelling:**  
 Coloc., Prun.  
**Cramping, pain, hypogastrium, bending double compelling to left agg.:**  
 Bell.  
**Cramping, pain, hypogastrium, diarrhea, with:**  
 Ars.  
**Cramping, pain, hypogastrium, eating, after :**  
 Con., Ran-b.  
**Cramping, pain, hypogastrium, evening:**  
 Dulc., Lyc.  
**Cramping, pain, hypogastrium, flatus amel:**  
 Kali-c., Mez., Squil.  
**Cramping, pain, hypogastrium, forenoon:**  
 Agar.  
**Cramping, pain, hypogastrium, left :**  
 Lyc.  
**Cramping, pain, hypogastrium, lying agg:**  
 Sulph.  
**Cramping, pain, hypogastrium, lying , agg back on:**  
 Ambr.

**Cramping, pain, hypogastrium, menses, during:**  
 AM-C., COCC., GRAPH., Agar., Ars., Con., Mag-p., Nat-m., Sulph.  
**Cramping, pain, hypogastrium, menses, during after :**  
 Kreos.  
**Cramping, pain, hypogastrium, menses, during before :**  
 KALI-C., Cocc., Mag-p., Nat-m., Nit-ac., Viv., Cimic., Manc., Sars., Zinc.  
**Cramping, pain, hypogastrium, metrorrhagia with:**  
 Mag-c.  
**Cramping, pain, hypogastrium, morning :**  
 Ambr., Ars., Dios., Fago., Hyos.  
**Cramping, pain, hypogastrium, night:**  
 Chel.  
**Cramping, pain, hypogastrium, night, 1 a. m.:**  
 Mang.  
**Cramping, pain, hypogastrium, night, 1 a m:**  
 Mang.  
**Cramping, pain, hypogastrium, night, 1 a. m.:**  
 Mang.  
**Cramping, pain, hypogastrium, night menses, before:**  
 Mang.  
**Cramping, pain, hypogastrium, paroxysmal:**  
 Chin., Sep.  
**Cramping, pain, hypogastrium, pressure, amel.:**  
 Fago.  
**Cramping, pain, hypogastrium, pressure amel.:**  
 Fago.  
**Cramping, pain, hypogastrium, retracting, abdomen agg.:**  
 Bell., Kali-c.  
**Cramping, pain, hypogastrium, right:**  
 Ambr.  
**Cramping, pain, hypogastrium, sit, upright must:**  
 Sulph.  
**Cramping, pain, hypogastrium, sitting:**  
 Chin.  
**Cramping, pain, hypogastrium, sitting upright amel.:**  
 Sulph.  
**Cramping, pain, hypogastrium, standing:**  
 Chin.  
**Cramping, pain, hypogastrium, stepping:**  
 Calc.



**Cramping, pain, hypogastrium, stool, during:**

*Ars.*

**Cramping, pain, hypogastrium, stool, during after :**

*Agar., Lyc.*

**Cramping, pain, hypogastrium, stool, during before:**

*Ars., Coll., Gels, Agar., Anac., Meny., Stram.*

**Cramping, pain, hypogastrium, stooping, on:**

*Am-c.*

**Cramping, pain, hypogastrium, supper, after :**

*Ran-b.*

**Cramping, pain, hypogastrium, touch, on:**

*Cycl.*

**Cramping, pain, hypogastrium, touch, on before urination during :**

*Bar-c., Sul-ac.*

**Cramping, pain, hypogastrium, touch, on after :**

*Sul-ac.*

**Cramping, pain, hypogastrium, touch, on before:**

*Chel., Sul-ac.*

**Cramping, pain, hypogastrium, vaginal, discharge before:**

*Sulph.*

**Cramping, pain, hypogastrium, walking :**

*Sulph., Zinc.*

**Cramping, pain, hypogastrium, in open air:**

*Agar., Calc.*

**Cramping, pain, hypogastrium, wandering:**

*Chin.*

**Cramping, pain, hypogastrium, warmth , amel.:**

*Ars.*

**Cramping, pain, inguinal:**

*Aloe., Bry., Chel., Gamb., Kreos., Am-c., Am-m., Bov., Calc., Carb-v., Cimic., Indg., Kali-c., Kali-i., Mag-c., Nat-c., Petr., Phos., Rat., Stan., Sulph., Sul-ac., Zinc.*

**Cramping, pain, inguinal, afternoon, 3 p. m.:**

*Mag-c.*

**Cramping, pain, inguinal, afternoon, 3 p m 4 p m.:**

*Nicc.*

**Cramping, pain, inguinal, ascending, stairs :**

*Alum.*

**Cramping, pain, inguinal, after :**

*Aloe.*

**Cramping, pain, inguinal, face, causing face to flush :**

*Cimic.*

**Cramping, pain, inguinal, forenoon, 11 a. m.:**

*Mag-c.*

**Cramping, pain, inguinal, inspiration, on:**

*Sulph.*

**Cramping, pain, inguinal, intermittent:**

*Nat-c.*

**Cramping, pain, inguinal, left:**

*Chel., Kali-n., Sars., Stann.*

**Cramping, pain, inguinal, menses, during:**

*Kali-c,*

**Cramping, pain, inguinal, menses, during after :**

*Bor., Kreos., Plan.*

**Cramping, pain, inguinal morning:**

*Rat.*

**Cramping, pain, inguinal, paroxysmal:**

*Nat-m,*

**Cramping, pain, inguinal, right:**

*Aloe., Bov, Carb-v., Dig., Gamb. Indg., Mag-c., Mag-c., Sul-ac., Zinc.*

**Cramping, pain, inguinal, rising, form sitting:**

*Zinc.*

**Cramping, pain, inguinal, rubbing, on:**

*Sulph.*

**Cramping, pain, inguinal, rubbing, on amel:**

*Mag-c.*

**Cramping, pain, inguinal, sitting, while:**

*Kali-c., Petr., Spong.*

**Cramping, pain, inguinal, stool, during:**

*Nicc.,*

**Cramping, pain, inguinal, stooping:**

*Sulph.*

**Cramping, pain, inguinal, stretching, on:**

*Am-c.*

**Cramping, pain, inguinal, talking:**

*Calc.*

**cramping, pain, inguinal, walking, while:**

*Sulph., Kali-n., Mag-c.*

**Cramping, pain, umbilical:**



COLOC, DIOS., Aloe., Bell., Bry., Camph., Carb-an., Chel., Chin., Cocc., Croto-t., Gamb., Iod., Laur., Mez., Mur-ac., Nat-., Nux-v., Ph-c., Phyt., Plat., Podo., Ptel., Raph., Sulph., Verat., Zinc.

**Cramping, pain, umbilical, afternoon:**

SULPH., Euphr., Nat-., Plb.

**Cramping, pain, umbilical, afternoon, 4 p m.:**

Sulph.

**Cramping, pain, umbilical, afternoon, 5 p m.:**

Mag-c., Sang.

**Cramping, pain, umbilical, below umbilicus :**

Kali-c., Kali-n., Mag-c., Mag-m., Nat-c., Nat-m., Phos., Zinc.

**Cramping, pain, umbilical, below, umbilicus:**

Kali-c., Kali-n., Mag-c., Mag-m., Nat-c., Nat-m., Phos., Zinc.

**Cramping, pain, umbilical, below, umbilicus supper after :**

Calc.

**Cramping, pain, umbilical, bend, body must:**

Lyc.

**Cramping, pain, umbilical, bending, body:**

Nit-ac.

**Cramping, pain, umbilical, bending, body forward :**

Con.

**Cramping, pain, umbilical, bending, body forward amel.:**

COLOC., Aloe., Senec.

**Cramping, pain, umbilical, breakfast, during:**

Alum.

**Cramping, pain, umbilical, breakfast, during after :**

Agar., Kali-bi.

**Cramping, pain, umbilical, cold, after taking:**

Bry.

**Cramping, pain, umbilical, cold taking as after taking:**

Stann.

**Cramping, pain, umbilical, diarrhea, with:**

Kali-n.

**Cramping, pain, umbilical, diarrhea, with before :**

Coloc., Mag-c., Plat.

**Cramping, pain, umbilical, dinner during and after :**

COLOC., Ant-t., Bry., Calc., Ham.

**Cramping, pain, umbilical, eating, after :**

Nux-v., Bell., Carb-v., Graph., Kali-n., Mag-m., Plat., Sulph.

**Cramping, pain, umbilical, evening:**

SULPH., Alum., Caust., Phos., Plat.

**Cramping, pain, umbilical, evening, bed in:**

Nux-m.

**Cramping, pain, umbilical, evening:**

Inul.

**Cramping, pain, umbilical, extending abdomen:**

Calc.

**Cramping, pain, umbilical, extending abdomen anus:**

Nat-m.

**Cramping, pain, umbilical, extending, abdomen back:**

Plat.

**Cramping, pain, umbilical, extending, abdomen chest:**

Kali-n.

**Cramping, pain, umbilical, extending, abdomen downward :**

Plat.

**Cramping, pain, umbilical, extending, abdomen groin:**

Thuj.

**Cramping, pain, umbilical, extending, abdomen hip:**

Mag-c.

**Cramping, pain, umbilical, extending, abdomen stomach :**

Carb-v., Mag-c., Sulph.

**Cramping, pain, umbilical, extending, abdomen throat:**

Kreos.

**Cramping, pain, umbilical, flatus, amel.:**

Bar-c., Carb-v., Mag-m., Mez., Sulph.

**Cramping, pain, umbilical, flatus, amel as from:**

Plat., Zinc.

**Cramping, pain, umbilical, forenoon:**

Agar., Lyc., Nat-c.

**Cramping, pain, umbilical, fruit after :**

COLOC.

**Cramping, pain, umbilical, inspiration, on:**

Anac.

**Cramping, pain, umbilical, menses, before :**

Kreos.

**Cramping, pain, umbilical, morning:**

Aeth., Bor., Bov., Lyc., Mag-c., Nat-m.

**Cramping, pain, umbilical, morning, bed in:**

Caust., Lyc.

**Cramping, pain, umbilical, morning, rising after :**



Aeth.  
**Cramping, pain, umbilical, morning waking on:**  
 Bov.  
**Cramping, pain, umbilical, motion :**  
 Bar-c., Nita-ac.  
**Cramping, pain, umbilical, night :**  
*Pod.*, Bry., Cycl., Lyc., Nux-m.  
**Cramping, pain, umbilical, night, bed in:**  
 Nux-m.  
**Cramping, pain, umbilical, night, waking on:**  
 Cycl.  
**Cramping, pain, umbilical, noon:**  
*Sulph.*, Mag-m.  
**Cramping, pain, umbilical, periodical :**  
 Ph-ac.  
**Cramping, pain, umbilical, rising, from stooping:**  
 Chin.  
**Cramping, pain, umbilical, sitting, while:**  
*All-c.*, Chin., Ph-ac., Sulph.  
**Cramping, pain, umbilical, sitting, while bent :**  
 Ant-t.  
**Cramping, pain, umbilical, soup, after :**  
 Kali-n.  
**Cramping, pain, umbilical, sour, food after :**  
 Asaf.  
**Cramping, pain, umbilical, standing:**  
 Bry., Gent-c.  
**Cramping, pain, umbilical, stool, during :**  
*Corn.*, Cocc., Indg., Iod., Phos.  
**Cramping, pain, umbilical, stool, stool, during before :**  
*Coloc.*, *Ham.*, Graph., Kali-n., Lec., Mag-m.,  
 Mur-ac., Phos., Plb., Psor.  
**Cramping, pain, umbilical, stool, during amel.:**  
 Meny.  
**Cramping, pain, umbilical, stooping :**  
 Am-m., Phos.  
**Cramping, pain, umbilical, supper, after ,:**  
 Gels.  
**Cramping, pain, umbilical, urination, after :**  
 Mag-c.

**Cramping, pain, umbilical, vaginal, discharge with :**  
 Mag-c.  
**Cramping, pain, umbilical, vaginal, discharge with before :**  
 Sil.  
**Cramping, pain, umbilical, walking, while:**  
*All-ac.*, Gent-c., Zinc.  
**Cramping, pain, umbilical, walking, while amel.:**  
 Bar-c.  
**Peristalsis, paralytic, half, half crampy condition :**  
 Plb.  
**Rumbling, cramps, as, in, moving and evening after eating amel:**  
 Mag-c.  
**CRAMPS :[JOINT] :**  
**Cramps:**  
*CALC.*, *PLAT.*, *Anac.*, *Bell.*, *Bry.*, *Hyos.*, *Ign.*, *Par.*, *Sec.*, *Stram.*, *Sulph.*  
**Drawing, pain, cramp-like:**  
*Par.*, *Plat.*  
**Twitching, sharp, cramp, like:**  
 Lact.  
**CRAMPS :[KIDNEYS] :**  
**Colic, kidney, pain, cramp, in left :**  
 Agar.  
**Colic, kidney, pain, cramp-like, towards bladder :**  
 Nit-ac.  
**Colic, Kidney, pain, crampy, pains:**  
 Coloc., Cur.  
**Cramping,**  
*CAUST.*, *Chel.*, *Nit-ac.*, *Cadm-s.*, *Cycl.*, *Kali-i.*, *Oci.*  
**Cramping, afternoon, from, 4 to 9 p.m.:**  
*Chel.*  
**Cramping, ureters:**  
 Nit-ac., Polyg.  
**Lameness, region, of, left with cramp extending into thighs:**  
 Agar.  
**Lameness, region, of, left, with cramp extending into thighs sore to touch :**  
 Agar.  
**Shooting, pain, right, from, down thigh to knee like cramp:**  
 Ip.





**Stones, kidneys, colic, pain, from stones passage with writhing twitching crampy pain :**

*Dios.*

**CRAMPS :[KNEES] :**

**Cramps:**

*Calc., Coloc., Mag-p., Zinc., Ang., Arg-m., Arn., Arund., Berb., Bry., Cadm-s., Carb-an., Carb-v., Croto-t., Dios., Hep., Hyper., Lach., Led., Petr., Plb., Sulph., Tab.*

**Cramps, above:**

*Arg-m.*

**Cramps, afternoon, 3 p, m.:**

*Dios.*

**Cramps, afternoon, 3 p, m.:**

*Dios.*

**Cramps, alternating, with each, other :**

*Sulph.*

**Cramps, drawing, on, boot :**

*Calc.*

**Cramps, morning:**

*Dios.*

**Cramps, motion, amel:**

*Arg-m.*

**Cramps, night:**

*Bry.*

**Cramps, night, 10 to, 11 p m.:**

*Sulph.*

**Cramps, sitting, while:**

*Bry., Paeon.*

**Cramps, sitting, while, long, after :**

*Chin.*

**Standing while:**

*Ang.*

**Cramps, waking, on:**

*Lach.*

**Cramps, walking, while :**

*Ang., Carb-an., Chin., Petr.*

**Cramps, cramps, hollow, of:**

*Calc., Bell., Berb., Cann-s., Caust., Kali-n., Lyc., Paeon., Petr., Phys., Plb., Sulph.*

**Cramps, cramps, hollow, of, stamping foot when:**

*Berb.*

**Cramps, hollow, of, stretching leg:**

*Calc.*

**Drawing, pain, cramp-like:**

*Arg-m., Lyc., Olnd., Phos., Sulph.*

**Pain, cramp-like:**

*Bell., Chin.*

**Pressing, pain, pressing, hollow, of cramp-like:**

*Sulph.*

**Tension, Tension, hollow, of, cramp-like:**

*Phos.*

**CRAMPS :[LEGS] :**

**Contraction, muscles, and tendons, contraction calves cramp-like :**

*Ferr.*

**Cramps, legs:**

*CALC., COLOC., CUPR., MAG-P., Ferr., Ferr-m., Ambr., Ant-t., Ars., Bar-c., Cahin., Cedr., Cimic., Cina., Crot-h., Elaps., Eup-per., Graph., Hyos., Iod., Jatr., Kali-bi., Kali-s., Merc-n., Mur-ac. Oena., Ph-ac., Phos., Pic-ac., Phyt., Plb., Sec., Sep., Sil., Tarent, Vip., Zinc.*

**Cramp, legs, bending, foot, forward :**

*Coff.*

**Cramps, legs, colic, with:**

*Coloc.*

**Cramps, legs, crossing, limbs:**

*Alum.*

**Cramps, legs, descending, stairs .**

*Arg-m.*

**Cramps, legs, drawing, on, boot:**

*Calc.*

**Cramps, legs, evening:**

*Jatr., Sil.*

**Cramps, legs, extending, leg:**

*Calc., Bar-c.*

**Cramps, legs, lifting, legs, when:**

*Coff.*

**Cramps, legs, morning:**

*Bov., Bry., Nit-ac.*

**Cramps, legs, night:**

*Ambr., Eup-per., Ars., Bry., Calad., Carb-v., Eug., Iod., Ip., Lach., Lyc., Mag-c., Mag-m., Nit-ac., Nux-v., Sep., Staph., Sulph.*



**Cramps, legs, pregnancy, during:**

*Gels., Vib., Ham., Sep.*

**Cramps, legs, right:**

*Bufo.*

**Cramps, legs, sitting, while:**

*Rhus-t., Olnd., Paeon.*

**Cramps, legs, walking, while:**

*Lyc., Am-c., Carb-v., Nit-ac., Rhus-t., Sep.*

**Cramps, legs, walking, while, after :**

*Nit-ac.*

**Cramps, legs, walking, while, standing while:**

*Euph., Euphr.*

**Cramps, legs, walking, while stepping out when:**

*Alum.*

**Cramps, legs, cramps, calves:**

*ARG-N., CALC., CHAM., COLOC., CUPR., GRAPH., HEP., LYC., MAG-P., PLB., SEC., SIL., SULPH.*

**Cramps, legs, cramps, calves, afternoon:**

*Alum., Ant-t., Elaps., Hyos.*

**Cramps, legs, cramps, calves, ascending:**

*Berb.*

**Cramps, legs, cramps, calves bed in:**

*CALC., CARBN-S., RHUS-T., SULPH., Caust., Cupr., Eupi., Ferr., Ferr-m., Kali-c., Mag-p.*

**Cramps, legs, cramp, calves, bed, in flexing thigh on :**

*Nux-v.*

**Cramps, legs, cramps calves bending knee :**

*Cocc., Hep., Ign.*

**Cramps, legs, cramps, calves, bending knee amel.:**

*Calc., Cham., Rhus-t.*

**Cramps, legs, cramps, calves, bending, thigh :**

*Bell.*

**Cramps, legs, cramps, calves, carrying a weight :**

*Graph.*

**Cramps, legs, cramps, calves, cholera in:**

*CUPR., SULPH., VERAT., Ant-t., Camph., Coloc., Jatr., Kali-p., Mag-p.*

**Cramps, legs, cramps, calves, crossing feet on:**

*Alum.*

**Cramps, legs, cramps, calves, dancing while:**

*Sulph.*

**Cramps, legs, cramps, calves, daytime:**

*Petr., Graph.*

**Cramps, legs, cramps, calves , daytime sitting bent while:**

*Lyc.*

**Cramps, legs, cramps, calves, descending on:**

*Coca.*

**Cramps, legs, cramps, calves, drawing up knee:**

*Coff.*

**Cramps, legs, cramps, calves, drawing up legs:**

*Kali-c., Nit-ac.*

**Cramps, legs, cramps, calves, evening:**

*Kali-n., Mag-c., Nux-v., Sel., Sil., Sulph.*

**Cramps, legs, cramps, calves, evening, bed in :**

*Ars., Bell., Nit-ac.*

**Cramps, legs, cramps, calves, evening sleep on going to:**

*Berb., Nux-m.*

**Cramps, legs, cramps, calves, exertion after :**

*Sil.*

**Cramps, legs, cramps, calves flexing leg on :**

*Cocc., Coff., Kali-c., Nux-v.*

**Cramps, legs, cramps, calves, humiliation after :**

*Cocc.*

**Cramps, legs, cramps, calves, labor during:**

*Nux-v.*

**Cramps, legs, cramps, calves lifting the foot :**

*Agar.*

**Cramps, legs, cramps, calves, lying while :**

*Bry., Led., Mag-c., Sel.*

**Cramps, legs, cramps, calves lying while amel.:**

*Anac.*

**Cramps, legs, cramps, lying while upon the which he was lying :**

*Staph.*

**Cramps, legs, cramps, calves menses during :**

*Cupr., Phos., Verat.*

**Cramps, legs, cramps, calves, menses during before :**

*Phos., Vib.*

**Cramps, legs, cramps, calves, morning :**

*Bry., Carb-an., Lach., Nit-ac.*

**Cramps, legs, cramps, calves , morning bed in:**

*Caust. Sulph., Bov., Graph., Hep., Ign., Lac-c., Lach., Nat-c., Nit-ac., Sil.*



**Cramps, legs, cramps, calves, morning stretching leg when:**

Nat-c.

**Cramps, legs, cramps, calves morning forenoon :**

Nat-m., Sulph.

**Cramps, legs, cramps, calves, morning rising on:**

Ferr., Lac-ac.

**Cramps, legs, cramps, calves, morning waking on:**

Lob.

**Cramps, legs, cramps, calves, motion:**

Bapt., Bufo., Calc., Coca., Hyos., Ign., Lyc., Nux-m.

**Cramps, legs, cramps, calves, motion, on amel.:**

Arg-m., Bry., Ferr., Rhus-t.

**Cramps, legs, cramps, calves, motion on of feet :**

Cham.

**Cramps, legs, cramps, motion, on lying while:**

Nux-m.

**Cramps, legs, cramps, calves, night :**

CALC., LYC., SULPH., Ambr., Eupi., Ferr., Ferr-m., Graph., Kali-c., Mag-c.,  
Mag-m., Nit-ac., Nux-v.

**Cramps, legs, cramps, calves, right bending foot :**

Chin.

**Cramps, legs, cramps, calves, pregnancy during :**

Sep., Vib,

**Cramps, legs, cramps, calves, pulling on boot :**

Calc., Nit-ac.

**Cramps, legs, cramps, calves, right:**

Agar., Kali-c., Lyss., Trom.

**Cramps, legs, cramps, calves, calves, rising a seat :**

Anac., Alum.

**Cramps, legs, cramps, calves, rising from a seat from bed :**

Ferr., Mag-c.

**Cramps, legs, cramps, calves, sex during :**

Graph., Cupr.

**Cramps, legs, cramps, calves sex, after :**

Coloc.

**Cramps, legs, cramps, calves, sex during on attempting:**

Cupr.

**Cramps, legs, cramps, calves, sitting while :**

RHUS-T., Ign., Lyc., Olnd., Plat.

**Cramps, legs, cramps, calves, sitting while after walking :**

RHUS-T., Plat.

**Cramps, legs, cramps, calves sleep during:**

Kali-c., Ant-t., Graph., Inul., Nat-m., Tep.

**Cramps, legs, cramps, calves, sleep during before :**

Nux-m.

**Cramps, legs, cramps, calves, standing on:**

Euphr., Ferr., Nat-m.

**Cramps, legs, cramps, calves, standing on on toes:**

Alum.

**Cramps, legs, cramps, calves, standing on long :**

Euphr.

**Cramps, legs, cramps, calves, stepping on:**

Sulph.

**Cramps, legs, cramps, calves, stool, after :**

Ox-ac., Trom.

**Cramps, legs, cramps, calves, stretching foot when :**

Chin., Nit-ac., Thuj.

**Cramps, legs, cramps, calves, stretching foot when bed in:**

CALC., Sulph., Carl., Cham., Lyss., Nat-c., Pin-s.

**Cramps, legs, cramps, calves, stretching foot when leg amel.:**

Bell.

**Cramps, legs, cramps, calves, stretching foot when leg when :**

CALC., Sulph., Bar-c., Bufo., Carl., Lyc., Nat-c., Nux-v., Sep.

**Cramps, legs, Cramps, Calves, Stretching foot when on waking**

**when:**

Aspar.

**Cramps, legs, cramps, calves, stretching foot when walking while :**

Phos.

**Cramps, legs, cramps, calves, thinking about it:**

Spong., Staph.

**Cramps, legs, cramps, calves, turning foot while sitting:**

Nat-m.

**Cramps, legs, cramps, calves, turning foot while sitting over in bed :**

Mag-c., Zinc.

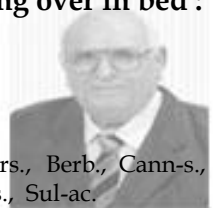
**Cramps, legs, cramps, calves, waking on:**

Graph., Lob., Staph., Verat.

**Cramps, legs, cramps, calves, walking on:**

ANAC., CALC-P., SULPH., Agar., Am-c., Arg-m., Arg-n., Ars., Berb., Cann-s.,  
Coca., Dulc., Ign., Kali-c., Lact., Mag-m. Nat-m., Nit-ac., Puls., Sul-ac.

**Cramps, legs, cramps, calves, walking on after :**



RHUS-T., Carb-an., Plat.

**Cramps, legs, cramps, lower:**

CALC., CHAM., COLOC., CUPR., KALI-CHL., MAG-P., SULPH., *Ars., Bov., Carb-an., Carb-s., Carb-v., Coloc. Ferr., Jatr., Nat-m., Nit-ac., Nit-ac., Ph-ac., Puls., Rhus-t.*

**Cramps, legs, cramps, lower, bed in:**

*Puls., Dios., Nux-v., Plb., Rhus-t.*

**Cramps, legs, cramps, lower, chill during :**

*Nux-v., Cupr., Elat.*

**Cramps, legs, cramps, lower, cough during:**

*Dros.*

**Cramps, legs, cramps, lower, daytime :**

*Ferr-m., Ox-ac.*

**Cramps, legs, cramps, lower, drawing up leg:**

*Zinc.*

**Cramps, legs, cramps, lower, evening:**

*Orig., Sep.*

**Cramps, legs, cramping, lower, evening 9 p. m.:**

*Lyc.*

**Cramps, legs, cramps, lower, evening after lying down :**

*Puls.*

**Cramps, legs, cramps, lower, exertion physical :**

*Alum.*

**Cramps, legs, cramps, lower, extending on:**

*Calc., Plb.*

**Cramps, legs, cramps, lower, forenoon while in bed :**

*Rhus-t.*

**Cramps, legs, cramps, lower, labor, during:**

*Bell., Cupr., Mag-p.*

**Cramps, legs, cramps, lower, lifting when :**

*Calc., Iod.*

**Cramps, legs, cramps, lying, while :**

*Am-c.*

**Cramps, legs, cramps, lower, menses, during :**

*Gels., Graph.*

**Cramps, legs, cramps, lower, morning :**

*Ars., Arum-t., Crot-h.*

**Cramps, legs, cramps, lower, morning 4 to 5 a.m.:**

*Bufo.*

**Cramps, legs, cramps, lower, morning in bed :**

*Zinc.*

**Cramps, legs, cramps, lower, morning waking on :**

*Arum-t.*

**Cramps, legs, cramps, lower, motion on:**

*Verat-v.*

**Cramps, legs, cramps, lower, night:**

*Sulph., Ambr., Carb-an., Carb-v., Merc., Merc-d., Nat-m., Pall.*

**Cramps, legs, cramps, lower, pressing upon flexors:**

*Lyc.*

**Cramps, legs, cramps, lower, pressing upon flexors pressing upon flexors amel :**

*Ox-ac., Rhus-t.*

**Cramps, legs, cramps, lower, sitting:**

*Iod.*

**Cramps, legs, cramps, lower, sitting amel.:**

*Cina.*

**Cramps, legs, cramps, lower, sleep when going to :**

*Hyper.*

**Cramps, legs, cramps, lower, stool during :**

*Sulph., Colch., Verat.*

**Cramps, legs, cramps, lower, stretching out the foot when :**

*Sulph.*

**Cramps, legs, cramps, lower, urinate on attempting to:**

*Pareir.*

**Cramps, legs, cramps, lower, walking while :**

*Carb-an., Carb-v., Cina. Gels., Hep.*

**Cramps, legs, cramps, thighs:**

*Agar., Arg-m., Ars., Asaf., Carb-n-s., Ferr., Hyos., Kali-bi., Kali-c., Lyc. Plat., Puls., Sec., Sep.*

**Cramps, legs, cramps, thighs, ascending stairs:**

*Carb-v.*

**Cramps, legs, cramps, thighs, bed in:**

*Mag-p., Mur-ac.*

**Cramps, legs, cramps, thighs, daytime during:**

*Petr.*

**Cramps, legs, cramps, thighs evening:**

*Bell.*

**Cramps, legs, cramps, thighs, evening in bed:**

*Ars.*

**Cramps, legs, cramps, thighs, exertion over :**



Mag-p.  
**Cramps, legs, cramps, thighs, flexing leg:**  
 Plat.  
**Cramps, legs, cramps, thighs, inner side :**  
 Plat., Sep.  
**Cramps, legs, cramps, thighs intermittent :**  
 Plat.  
**Cramps, legs, cramps, thighs, left:**  
 Cina., Rhus-t.  
**Cramps, legs, cramps, thighs, menses during :**  
 Wies.  
**Cramps, legs, cramping, thighs, night:**  
 Ambr. Ip., Carb-an., Hep., Kali-c.  
**Cramps, legs, cramps, thighs, outer side :**  
 Ant-c.  
**Cramps, legs, cramps, thighs, overuse of muscles :**  
 Mag-p.  
**Cramps, legs, cramps, thighs, posterior part :**  
 Plat.  
**Cramps, legs, cramps, thighs, pulsating:**  
 Plat.  
**Cramps, legs, cramps, thighs, raising thigh :**  
 Carb-v., Hep.  
**Cramps, legs, cramps, thighs, right:**  
 Sulph., Tarent.  
**Cramps, legs, cramps, thighs, sitting while:**  
 Iod., Plat.  
**Cramps, legs, cramps, thighs, sleep during:**  
 Kali-c.  
**Cramps, legs, cramps, thighs, sleep during on going to :**  
 Tep.  
**Cramps, legs, cramps, thighs, walking while:**  
 Sep., Carb-v.  
**Cramps, legs, cramps, cramps, thighs walking while in open air:**  
 Verb.  
**Cramps, legs, cramps, tibia, region of:**  
 Am-c., Calc., Carb-an., Coloc.  
**Cramps, legs, cramps, tibia, region, of toes:**  
 Sars.  
**Drawing pain, cramp-like:**

*Arg-n., Hep., Hep., Sulph., Chin., Gels., Graph., Iod., Merc-I-f., Nat-m., Phos.*  
**Drawing, pain, drawing, calves, cramp-like :**  
 ANAC., Carb-an., Ang., Arg-m., Coloc., Graph., Manc., Plat., Sulph.  
**Drawing, pain, drawing, lower, cramp-like :**  
 Meny., Merc., Anac., Caust., Chin., Chin., Dulc., Graph., Hep., Nat-c., Nat-m., Petr., Ph-ac., Rhod.  
**Drawing, pain, drawing, thighs alternating right then left cramp-like :**  
 Meny.  
**Drawing, pain, drawing, thighs, cramp-like :**  
 Cycl., Gels., Meny., Sep., Sulph., Verb., Anac., Arg-n., Ars., Aur., Carb-v., Chin., Dig., Iod., Kali-n., Lyc., Mur-ac., Plat. Rhus-v., Samb., Thuj., Valer., Verat.  
**Drawing, pain, drawing, tibia, crampy:**  
 Nat-c., Petr.  
**Numbness, sensation, exertion, during, cramp-like numbness:**  
 Alum.  
**Pain, lower, cramp-like:**  
 Sul-ac.  
**Pain, cramp-like:**  
 Carb-v., Chin., Sul-ac.  
**Pinching, pain, pinching, calves, cramp-like:**  
 Ph-ac.  
**Pressing, pain, cramp-like :**  
 Dros.  
**Pressing, pain, pressing, calves cramp-like :**  
 Anac., Verb., Verat.  
**Sharp, pain, sharp, thighs, cramp-like:**  
 Calc.  
**Stiffness, stiffness, thighs cramp, like a:**  
 Bry.  
**Tearing, pain, tearing, calves, cramp-like;**  
 Ran-b.  
**Tearing, pain, tearing, lower, cramp-like :**  
 Stann.  
**Tearing, pain, tearing, thighs, cramp-like :**  
 Nat-c.  
**Cramps :[Legs] :Tearing, pain, tearing, tibia, cramp-like:**  
 Con.  
**Tension, cramp-like:**  
 Stann.



**Tension, tension, calves, cramp-like :**

Rhus-t., Sil.

**Twitching, twitching, calves, cramp-like:**

Jatr.

**Varicose, veins, legs, cramping:**

Graph.

**CRAMPS :[LIMBS] :**

**Cramps:**

BELL., COLOC., CUPR., LYC., MAG-P., MERC., PLAT., SEP., SEP., SULPH.,  
Ars., Calc., Caust., Cocc., Con., Crot-c., Dios., Dulc., Graph., Hell., Hyos.,  
Kali-c., Mur-ac., Nit-ac., Petr., Phyt., Plb., Rob., Rhus-t., Sec., Tab., Verat.,  
Zinc.

**Cramps, afternoon:**

Sulph.

**Cramps, chill, during:**

Sil. Cupr.

**Cramps, cold, air, agg:**

Bufo.

**Cramps, discharge, of, semen:**

Bufo.

**Cramps, exertion, after :**

Mag-p.

**Cramps, intermittent:**

Phyt.

**Cramps, morning:**

Sulph.

**Cramps, motion, on:**

Nux-v.

**Cramps, night:**

Merc.

**Cramps, pregnancy:**

Cupr., Verat., Vib.

**Cramps, pressure, agg.:**

Zinc.

**Cramps, right:**

Elaps.

**Cramps, stool, during:**

Bell.

**Drawing, pain, cramp-like:**

Graph., Plat., Asaf., Kali-n. Petr., Sil.

**Pain, limbs, night, crampy :**

Phos.

**Pressing, pain, cramp-like:**

Dros.

**Sharp, pain, cramp-like:**

Cina., Cimic., Plat.

**Shooting, pain, cramp-like:**

Plat.

**Swelling, of, cramp, after :**

Graph.

**Tearing, pain, cramp-like:**

Nat-c., Ruta.

**Tearing, pain, tearing, bones, cramp-like:**

Valer., Aur., Olnd.

**Twitching, of, cramp-like:**

Plat.

**Varicose, veins, cramping:**

Graph.

**CRAMPS :[LIVER] :**

**Cramping, pain, region, of, liver:**

Carb-an., Iod., Kali-c., Mag-c., Nat-m., Ph-ac., Phos., Rhus-t., Samb., Staph.,  
Sulph., Verb., Zinc.

**Cramps, with, dyspnea, and, hypochondriasis after eating:**

Zinc.

**CRAMPS :[LUNGS] :**

**Asthma, cramp, muscular, spasms of various parts with:**

Cupr.

**Cramp, in:**

Mosch., Zinc.

**Cramp, in, drinking, cold, water :**

Thuj.

**Cramp, in, waking, after :**

Arum-t.

**CRAMPS :[MALE] :**

**Cramping, spermatic, cord:**

NUX-V., Arg-m., Kali-c., Petr.

**Cramping, spermatic, cord, extending, from rectum to testes :**

Sil.

**Cramping, spermatic, cord, extending, from rectum to testes to testes :**



Dios.

**Cramping, spermatic, cord, cramping, testes :**

Ang., Arg-m., Am-c., Caps., Chin., Con., Ign., Lyc., Nux-v., Petr., Phos., Plb., Spong.

**Cramping, spermatic, cord, cramping, testes afternoon:**

Chin.

**Cramping, spermatic, cord, cramping, testes emission after :**

Caps.

**Cramping, spermatic, cord, cramping, testes erections after :**

Con.

**Cramping, spermatic, cord cramping, testes evening:**

Con.

**Cramping, spermatic, cord, cramping, testes extending from rectum to :**

Sil.

**Cramping, spermatic, cord, cramping, testes rest during:**

Arg-m.

**Cramping, spermatic, cord cramping, testes right :**

Arg-m., Phos.

**Pressing, pain, genitalia, cramp-like, morning in bed :**

Phos.

**CRAMPS :[MIND] :**

**Anxiety, cholera, asiatica, in, as if cramps in calves would set in :**

Jatr.

**Anxiety, cramp, as, from:**

Calc.

**Anxiety, cramp, as, from, as if calves would set in:**

Calc., Jatr.

**Anxiety, cramp, as, from, in rectum during:**

Calc.

**Anxiety, cramp, as, from, in stomach during :**

Kali-ar., Kali-c.

**Indignation, pain, causes, light, cramp-like in left inguinal and iliac regions after external :**

Coloc.

**Moaning, abdomen, from, cramping pain, in:**

COLOC.

**Screaming, cramps, during, abdomen, in:**

COLOC., Jatr., Lyc., Mag-c., Cupr., Plb.

**CRAMPS :[MOUTH] :**

**Cramp, lips:**

Ambr., Caust., Kali-c., Ran-b.

**Cramp, lips, cramp-like, pain, lips:**

Merc., Bell., Caust., Kali-c., Plat.

**CRAMPS :[MUSCLES] :**

**Cramp, muscle:**

ANAC., ANG., BELL., CALC., CAMPH., CINA., COLOC., CUPR., LYC., MAG-P., MERC., NUX-V., SEP., SULPH., VERAT.

**Cramps, afternoon:**

Sulph.

**Cramps, muscle, air, cold, agg:**

Bufo.

**Cramps, muscle, body, all, over:**

Hyos., Hydr-ac., OInd.

**Cramps, muscle, body, all, over and lower limbs in:**

Iris.

**Cramps, muscle, chill, during:**

Sil., Cupr.

**Cramps, muscle, coldness, with, of arms and legs:**

Merc.

**Cramps, muscle, exertion, after :**

Mag-p.

**Cramps, muscle, hydrocephalus, acute, in:**

Cupr-acet.

**Cramps, muscle, intermittent:**

Phyt.

**Cramps, muscle, left, often only in :**

Chin-s.

**Cramps, muscle, limbs, upper, particularly in:**

Ant-t.

**Cramps, muscle, menses, with:**

Mag-m.

**Cramps, muscle, menses, with after :**

Chin., Cupr., Puls.

**Cramps, muscle, morning:**

Sulph.

**Cramps, muscle, motion, on:**

Nux-v.

**Cramps, muscle, night:**

Calc., Cupr., Merc.



**Cramps, muscles, night:**

*Calc., Cupr., Merc.*

**Cramps, muscle, right, waking, on:**

*Calc., Sulph.*

**Cramps, muscle, paralysis, followed, by:**

*Tab.*

**Cramps, muscle, paraplegia, precede:**

*Sec.*

**Cramps, muscle, periodic:**

*Euph.*

**Cramps, muscle, pregnancy, during:**

*Cupr., Hyos., Phos., Verat., Calc., Mag-p., Mill., Vib.*

**Cramps, muscle, paralysis, followed, by:**

*Tan.*

**Cramps, muscle, paraplegia, precede:**

*Sec.*

**Cramps, muscles, periodic:**

*Euph.*

**Cramps, muscle, pregnancy, during:**

*Cupr., Hyos., Phos., Verat., Calc., Mag-p., Mill., Vib.*

**Cramps, muscles, pressure, agg.:**

*Zinc.*

**Cramps, muscles, radiating, over, whole body :**

*Dios., Lyc., Nux-v.*

**Cramps, muscle, right:**

*Elaps.*

**Cramps, muscle, semen, discharge, of:**

*Bufo.*

**Cramps, muscle, sex, agg:**

*Coloc., Cupr., Graph.*

**Cramps, muscle, stiffness, with:**

*Verat.*

**Cramps, muscle, stiffness, with, followed by:**

*Sec., Sel.*

**Cramps, muscles, stool, during:**

*Bell.*

**Cramps, muscle, tension :**

*Cham.*

**Cramps, muscle, tonic, commence, in hands and spread all over with rice water discharges :**

VERAT.

**Cramps, muscle, touched, when:**

*Guare.*

**Cramps, muscle, toxemia, sequel, of or in broken -down constitutions:**

*Crot-h.*

**Cramps, muscles, transfexion:**

*Cupr.*

**Cramps, muscle, vomiting of, dark coagulated blood :**

*Nat-m.*

**Cramps, muscles, wandering:**

CAUST.

**Cramps, muscles, women and, children :**

*Hyos.*

**Cramp-like, pain:**

ANAC., NAT-C., PLAT., *Calc., Chin., Meny., Mur-ac., Petr.*

**Drawing, pain, cramp-like :**

*Graph., Asaf., Kali-n., Petr., Sil.*

**Pain, muscles, stitching, cramping:**

*Cimic.*

**Twitching, muscles, cramp-like:**

*Plat.*

**CRAMPS :[NECK]:**

**Cramp, throat, external, in, side:**

*Bar-c., Cic., Graph., Mang., Plat., Sep., Spong.*

**Cramping, sternocleido, muscle:**

*Trif-p.*

**Cramp-like, pain:**

CIC., *Asar., Calc-p., Spong., Ant-c., Arn., Calc., Cimic., Glon., Mang., Meny., Naja., Phyt., Plat., Sel.*

**Cramp-like, pain, eating, after :**

*Sep.*

**Cramp-like, pain, evening:**

*Mang.*

**Cramp-like, pain, moving, head:**

*Cimic., Mang.*

**Cramp-like, pain, nape:**

*Hydr-ac., Nux-v.*

**Cramp-like, pain, sneezing:**

*Arn.*





**Cramp-like, pain, swallowing, when:**

*Zinc.*

**Cramp-like, pain, touch, amel.:**

*Meny.*

**Cramp-like, pain, yawning:**

*Arn.*

**Pain, Sides, motion, on, cramping:**

*Cimic.*

**Submaxillary, glands, swelling, throat, external cramp after :**

*Graph.*

**CRAMPS :[NERVES] :**

**Paralysis, cramps, after:**

*Tab.*

**CRAMPS :[NOSE] :**

**Cramping, pain:**

*Nux-m., Plat., Sulph.*

**Cramping, pain, bone, right, side:**

*Laur., Plat.*

**Cramping, pain, root:**

*Acon., Mang., Plat., Arn., Bapt., Colch., Kali-c., Hyos., Zinc.*

**Cramping, pain, root, right, side:**

*Kali-c.*

**Cramping, pain, tip:**

*Stront.*

**Cramping, pain, wings:**

*Kali-n., Plat., Zinc.*

**Cramping, pain, wings, left:**

*Plat.*

**Cramping, pain, wings, right:**

*Ambr.*

**Cramps, nose:**

*Lyc., Sulph.*

**Cramps, nose, muscles:**

*Lyc.*

**Cramps, nose, wing:**

*Ambr.*

**CRAMPS :[PELVIS] :**

**Cramp-like, coccyx:**

*Bell., Grat.*

**Cramp-like, coccyx, menses during:**

*Bell.*

**Cramp-like, coccyx, cramp-like, sacrum :**

*Bell., Thuj.*

**Cramps, buttocks:**

*Bell., Bry., Cann-s., Caust., Graph., Rhus-t.*

**Cramps, buttocks, night, in, bed:**

*Sep.*

**Cramps, buttocks, standing, while:**

*Rhus-t.*

**Cramps, buttocks, standing, while:**

*Rhus-t.*

**Cramps, Buttocks, stooping, while:**

*Bell., Cann-s.*

**Cramps, buttocks, stretching, out, limbs :**

*Sep.*

**Cramps, buttocks, cramps, perineum :**

*Sulph., Thuj.*

**Drawing, pain, buttocks, cramp-like:**

*Calc., Mang., Ph-ac.*

**CRAMPS :[PREGNANCY] :**

**Abdomen, cramps:**

*Gels., Vib., Coloc.*

**Abdomen, cramps, cannot, remain, covered:**

*Camph.*

**Abdomen, Cramps, distressing:**

*Cupr-m.*

**Cramps :[Pregnancy]:Bladder, symptoms, cramp-like, pains:**

*Lyc.*

**Childbirth, general, cramps, legs, in:**

*Bell.*

**Childbirth, general, cramps, legs, in fingers and toes :**

*Cupr-m.*

**Cramps, metrorrhagia, with:**

*Hyos.*

**Cramps, metrorrhagia, with, abnormal, craving:**

*Lyss.*

**Feet, cramp, in, soles, and toes :**

*CALC.*

**Insomnia, sleepless, cramps, in, calves from:**

*Calc., Cupr., Cupr-acet., Mag-p., Verat., Cham., Coff., Ferr., Nux-v.*



**Labor, pains, ceasing, cramps, in hip from:**

*Cimic.*

**Labor, pains, cramp, in flexor of fingers and toes :**

*DIOS.*

**Labor, pains, cramps, in, abdomen shooting down legs:**

*Legs.*

**Labor, pains, fainting, causing, fainting with or cramps :**

*Cimic.*

**Legs, cramps, during:**

*Gels., Vib., Ham.*

**Legs, cramps, during, with, cold sweat :**

*Verat.*

**Legs, cramps, in, calves:**

*CALC., SEC., Sep.*

**Legs, cramps, in, calves latter months :**

*Sep.*

**Melancholy, with, occasional uterine, bleedings and cramps :**

*Plat.*

**Melancholy, with, occasional, uterine bleeding and cramps suicidal :**

*Aur.*

**Melancholy, with, occasional, uterine, bleedings and cramps**

**suicidal :**

*Aur.*

**Miscarriage, pains, with, ending in crampy squeezing bearing down**

**tearing down thighs :**

*Vib.*

**Postpartum, after-pains, cramps, in, limbs :**

*Cupr-m.*

**Sacrum, pains, in, radiating, until fingers hands feet and toes are**

**involved and cramped from dartin:**

*Sars.*

**Stomach, during, cramps:**

*Con.*

**Stomach, during, water, accumulation, of acrid with cramps:**

*Lyc.*

**Toes, cramps, during:**

*Calc., Mag-p., Cupr.*

**Uterus, cramping, during:**

*Cupr-ar.*

**Varicose, veins, with, cramping pains at night preventing sleep :**

*NAT-M., Ham<sup>3</sup>, Gels., Ip., Phos.*

### **CRAMPS :[PULS] :**

**Small, pulse, stomach, in, ulcer of with cramp in :**

*Coch.*

### **CRAMPS :[RECTUM] :**

**Constipation, cramps, colic, with:**

*Coll., Cypr., Aloe., Coloc., Glon., Op.*

**Constipation, cramps, colic, with stool during :**

*Aloe., Canth., Cham., Chin., Coloc., Cupr., Cupr-ar., Elat., Ip., Jatr., Merc.,*

*Merc-c., Trom., Verat.*

**Constipation, diarrhea, after, followed by with cramps:**

*Trinit.*

**Constipation, urging, to, stool, crampy:**

*Plb.*

**Constriction, cramp, contraction, closure , etc :**

*CAST., IGN., LACH., LYC., NIT-AC., NUX-V., PLB., Aesc., Agar., Bell.,*

*Cact., Calc., Camph., Cann-s., Chel., Hyos., Kali-bi., Kali-br., Merc-c., Nat-m.,*

*Op., Phos., Rhus-t., Sep., Sulph., Tab.*

**Constriction, cramp, contraction, closure etc afternoon:**

*Cocc., Coloc.*

**Constriction, cramp, contraction, closure etc alternating with itching :**

*Chel.*

**Constriction, cramp, contraction, closure etc alternating with itching**

**with pressure :**

*Bell.*

**Constriction, cramp, contraction, closure , etc breakfast after :**

*Calc-s.*

**Constriction, cramp, constriction, closure etc evening:**

*Chin., Ign.*

**Constriction,, cramp, constriction, closure, etc evening walking while:**

*Ign.*

**Constriction, cramp, contraction, closure etc extending to glans :**

*Chin.*

**Constriction, cramp, contraction, closure etc extending to glans perineum:**

*Sep.*

**Constriction, cramp, contraction, closure, etc extending to glans rectum into:**

*Sil.*



**Constriction, cramp, contraction, closure, etc extending to glans testes :**

Chin., Sil.

**Constriction, cramp, contraction, closure, etc extending to glans upward:**

Laur., Sep., Sil.

**Constriction, cramp, contraction, closure etc extending to glans vagina :**

Sep.

**Constriction, cramp, contraction, closure etc flatus passing :**

Fl-ac.

**Constriction, cramp, contraction, closure etc forenoon:**

Calc.

**Constriction, cramp, contraction, closure, etc forenoon:**

Calc.

**Constriction, cramp, contraction, closure, etc forenoon:**

Calc.

**Constriction, cramp, contraction, closure, etc forenoon:**

Calc

**Constriction, cramp, contraction, closure etc lying amel:**

Mang.

**Constriction, cramp, contraction, closure etc menses during:**

Cocc., Thuj.

**Constriction, cramp, contraction, closure, etc mental exertion after :**

Nux-v.

**Constriction, cramp, contraction, closure, etc morning :**

Nux-v.

**Constriction, cramp, contraction, closure, etc morning in bed :**

Phos..

**Constriction, cramp, contraction, closure etc morning rising, after :**

Nux-v.

**Constriction, cramp, contraction, closure etc motion agg:**

Caust.

**Constriction, cramps, contraction closure etc motion agg amel:**

Coloc.

**Constriction, cramp, contraction, closure etc, night:**

Sec.

**Constriction, cramp, contraction, closure etc painful:**

IGN., LACH., NUX-V., PLB., Calc., Caust., Cocc. Lyc., Mang., Mez., Sep., Sil., Thuj., Bell., Brach., Coloc., M-aust., Sars., Tub.

**Constriction, cramp, contraction, closure, etc painful:**

IGN., LACH., NUX-V., PLB., Calc., Caust., Cocc., Mang., Mez., Sep., Sil., Thuj.

**Constriction, cramp, contraction, closure , etc, prolapsed rectum anus:**

Lach., Mez.

**Constriction, cramp, contraction, closure etc sex during:**

Merc-c.

**Constriction, cramp, contraction, closure, etc sex during after :**

Caust.

**Constriction, cramp, contraction, closure etc sitting while:**

Cocc., Mang., Chin.

**Constriction, cramp, contraction, closure , etc sitting while amel.:**

Ign.

**Constriction, cramp, contraction, closure etc sitting while rising from:**

Thuj.

**Constriction, cramp, contraction, closure, etc sitting while rising from:**

Thuj.

**Constriction, cramp, contraction, closure etc spasmodic :**

NIT-AC., NUX-V., OP., PLB., Ham., Hipp., Lach., Lyc., Phos., Anac., Chel., Coff., Grat., Merc-c., Nat-m., Sil., Ther., Verb.

**Constriction, cramp, contraction, closure etc standing agg:**

Ign., Arn.

**Constriction, cramp, contraction, closure, etc standing agg amel :**

Sanic.

**Constriction, cramp, contraction, closure, etc stool during :**

NAT-M., NIT-AC., PLB., SIL., Alum., Ars., Chel., Kreos., Nux-v., Thuj.

**Constriction, cramp, contraction, closure etc stool during after :**

Ferr., Aesc., Chel., Colch., Elaps., Form., Grat., Kali-bi., Nux-v., Plat., Stront-c., Thuj.

**Constriction, cramp, contraction, closure etc stool during after :**

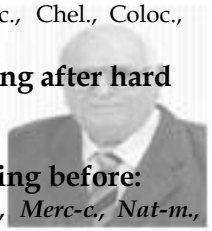
IGN., LACH., NIT-AC., Ferr., Mez., Phos., Sep., Sulph., Aesc., Chel., Coloc., Elaps., form., Grat., Thuj.

**Constriction, cramp, contraction, closure etc stool during after hard from:**

Ferr.

**Constriction, cramp, contraction, closure etc stool during before:**

Aloe., Cham., Chin., Coloc., Cupr-ar., Dios., Ham., Ip., Mag-c., Merc-c., Nat-m., Nux-v., Verat.



**Constriction, cramp, contraction, closure, etc stool during preventing:**  
LYC., Berb., Lach., Nat-m., All-c.

**Constriction, cramp, contraction, closure, etc stool during urging to during :**

Caust.

**Constriction, cramp, contraction, closure etc stooping on :**

Caust.

**Constriction, cramp, contraction, closure, etc stooping on amel:**

Carc.

**Constriction, cramp, contraction, closure, etc urinating on:**

Carbn-s., Nat-m.

**Constriction, cramp, contraction, closure, etc urinating on at close of etc uterine from:**

Kreos.

**Constriction, cramp, contraction, closure etc uterine cancer from:**

Kreos.

**Constriction, cramp, contraction, closure, etc walking on :**

Caust., Croto-t.

**Constriction, cramp, contraction, closure, etc walking on preventing:**

Caust.

**Constriction, cramp, contraction, closure, etc weather due to cold :**

Verat.

**Cramp, sitting when :**

Mang.

### **CRAMPS :[SHOULDERS] :**

**Cramps:**

Plat., Cimic., Elaps., Lil-t., Naja.

**Cramps, evening, 6 p, m:**

Elaps.

**Cramps, extending, to hand ;**

Elaps.

**Cramps, cramp, axilla :**

Com., Hura., Iod.

### **CRAMPS :[SKIN] :**

**Urticaria, hives, alternating, with cramps:**

Ars.

### **CRAMPS :[SLEEP] :**

**Insomnia, cramps, from:**

CALC., Cupr., Mag-p., Arg-m., Coloc.

**Insomnia, cramps, from, calves in :**

Valer.

**Insomnia, pregnancy, during, cramps, in calves from :**

Calc., Cupr-acet., Verat., Cham., Coff., Cupr., Ferr., Mag-p., Nux-v.

**Interrupted, cramp, jaw by;**

Carbn-s.

**Interrupted , cramps, jaw, by, by, toes:**

Carbn-h.

**Yawning, cramp, in, stomach with:**

Calc.

### **CRAMPS :[STOMACH] :**

**Anxiety, in, cramps, with :**

Aran., Calc.

**Cramp, esophagus:**

Caust., Zinc.

**Cramp, esophagus, palpitations, with:**

Coloc.

**Cramp, esophagus, swallowing, on:**

Caust., Op.

**Cramping, pain:**

ARS., BISM., CALC., CARBN-S., CARB-V., CAUST., CHEL., COCC., COLOC., CON., CUPR., GRAPH., IP., LYC., MAG-P., NAT-M., NUX-V., PODO., SIL., STANN., VERAT.

**Cramping, pain, afternoon:**

Alum., Calc., Calc-s., Par., Puls.

**Cramping, pain, 1 to 2 p . m.:**

Con.

**Cramping, pain, 4 p, m.:**

Alumn.

**Cramping, pain, 5 p, m.:**

Nat-m.

**Cramping, pain, 6 p, m:**

Lach.

**Cramping, pain, ascending, stairs:**

Chin-s.

**Cramping, pain, bed, after, going to:**

Dios., Laur.

**Cramping, pain, belching, with:**

Sep.

**Cramping, pain, belching, with, amel:**

Bar-c., Calc., Ambr., Calc-p., Coloc., Kali-c., Par., Rat.



**Cramping, pain, belching, with, after :**  
Sil.

**Cramping, pain, bending, backwards amel.:**  
Dios.

**Cramping, pain, bending backwards, amel double must :**  
COLOC., Kali-c.

**Cramping, pain, bending, backwards, amel forward amel:**  
COLOC., *Chel.*, *Lyc.*, Carb-v., Verat-v.

**Cramping, pain, breakfast, after :**  
Bufo., Verat.

**Cramping, pain, breakfast, after , after amel.:**  
Nat-s.

**Cramping, pain, breathing, deep, agg.:**  
Zinc.

**Cramping, pain, cheese, spoiled :**  
*Ars.*

**Cramping, pain, clothing, tight :**  
Calc., *Lyc.*

**Cramping, pain, clothing tight, amel:**  
*Nat-m.*, Cupr.

**Cramping, pain, coffee, drinkers, in:**  
*Cham.*, *Nux-v.*

**Cramping, pain, cold, drinks, after :**  
*ARS.*, *Calc.*, *Graph.*, *Kali-c.*, *Rhus-t.*, Ferr.

**Cramping, pain, cold, drinks, after food from:**  
Kali-c.

**Cramping, pain, cold, from a:**  
Dulc., Nit-ac., Sep.

**Cramping, pain, cold, from a as if :**  
Nit-ac., Petr., Sul-ac.

**Cramping, pain, deathly feeling below sternum:**  
CUPR.

**Cramping, pain, dinner, during:**  
Bell., Thuj., Zinc.

**Cramping, pain, dinner, during, before :**  
Sulph.

**Cramping, pain, dinner, during after :**  
*Nux-m.*, *Graph.*, Ham., Sil.

**Cramping, pain, dinner, during, after :**  
*Nux-m.*, *Graph.*, Ham., Sil.

**Cramping, pain, disposition, to:**  
CUPR., Bell., Chin., Stann.

**Cramping, pain, drawing, up, limbs amel:**  
Chel.

**Cramping, pain, drinking, after :**  
*Nux-v.*, Bell., Nat-c.

**Cramping, pain, eating, after :**  
*NUX-V.*, *Calc.*, *Cina.*, *Cocc.*, *Coloc.*, *Crot-h.*, *Ferr.*, *Kali-c.*, *Nat-m.*, *Sulph.*

**Cramping, pain, eating, after , after amel.:**  
*Brom.*, *Chel.*, *Graph.*, *Ign.*, Iod.

**Cramping, pain, eating, after before :**  
*Lyc.*

**Cramping, pain, evening:**  
*Agar.*, *Coloc.*, *Dulc.*, *Form.*, *Led.*, *Merc.*, *Nat-c.*, *Thuj.*

**Cramping, pain, evening, bed, in:**  
Alum., Phos.

**Cramping, pain, extending, to, abdomen:**  
Con.

**Cramping, pain, extending, to chest:**  
*Kali-c.*, *Lyc.*, *Nit-ac.*, Phos.

**Cramping, pain, extending, downward :**  
Sulph.

**Cramping, pain, extending, pain, extending to hypogastrium:**  
*Ars.*

**Cramping, pain, extending, to, left side :**  
Nat-c.

**Cramping, pain, extending, to lumbar region :**  
Sars., Nat-c.

**Cramping, pain, extending, to throat:**  
*Kali-c.*, Sulph.

**Cramping, pain, fasting, while:**  
*Calc.*, *Graph.*

**Cramping, pain, fever, during:**  
*Cocc.*, Bell. Carb-v., *Nux-v.*, Puls.

**Cramping, pain, forenoon:**  
*Graph.*, *Podo.*, Thuj.

**Cramping, pain, fruit, after :**  
*Lyc.*

**Cramping, pain, hiccoughs, from, incomplete :**  
Mag-c.



**Cramping, pain, inspiration:**

*Caust., Dros.*

**Cramping, pain, intermittent:**

*Kali-c., Phos.*

**Cramping, pain, loss, of, animal fluids after :**

*Chin.*

**Cramping, pain, lying:**

*Carb-v., Chel.*

**Cramping, pain, lying, amel:**

*Lyc., Graph., Sil.*

**Cramping, pain, lying, back, amel:**

*Laur.*

**Cramping, pain, lying, side :**

*Laur.*

**Cramping, pain, lying, side, left amel.:**

*Chel.*

**Cramping, pain, menses, during :**

*Cupr., Sars., Ars., Kali-c., Phos.*

**Cramping, pain, menses, during after :**

*Bell., Bor., Kali-c.*

**Cramping, pain, menses, during before :**

*Bell., Puls., Cupr., Lach.*

**Cramping, pain, morning:**

*Nux-v., Con., Dig., Gran., Hyper., Kali-c., Nat-c., Puls., Rat., Sep.*

**Cramping, pain, morning, bed, in:**

*Carb-an., Con., Phys.*

**Cramping, pain, morning rising after :**

*Iod., Nat-vc., Nit-ac.*

**Cramping, pain, morning, waking, on:**

*Caust., Lyc., Nat-m., Petr.*

**Cramping, pain, motion, on:**

*Ip., Nux-v., Bufo.*

**Cramping, pain, motion, on, amel.:**

*Dios.*

**Cramping, pain, nausea, before:**

*Tarent.*

**Cramping, pain, night:**

*Camph., Carb-v., Coloc., Graph., Abrot., Calc., Kali-c., Nat-ac., Phos., Seneg., Sulph.*

**:Cramping, pain, night, 1 to 2 a m between:**

*Con.*

**Cramping, pain, night, 2 a . m.:**

*Ars., Nat-c.*

**Cramping, pain, night, a , m:**

*Podo.*

**Cramping, pain, night, 4 a m till noon daily:**

*Bor.*

**Cramping, pain, night, bed, driving out of:**

*Calc.*

**Cramping, pain, night, bed, in:**

*Ptel.*

**Cramping, pain, night, midnight:**

*Lyc.*

**Cramping, pain, noon:**

*Agar., Alumn.*

**Cramping, pain, nursing, mothers:**

*Carb-v.*

**Cramping, pain, paroxysmal:**

*Carb-v., Coloc., Kali-c., Nit-ac., Sil.*

**Cramping, pain, periodic:**

*Arg-n., Ars., Cupr., Hyos., Phos., Rhod.*

**Cramping, pain, pork, after :**

*Ham.*

**Cramping, pain, pregnancy:**

*Con.*

**Cramping, pain, pressure, amel.:**

*Am-c., Dios.*

**Cramping, pain, riding amel.:**

*Gels.*

**Cramping, pain, rey, bread, after :**

*Merc-c.*

**Cramping, pain, salad, after :**

*Til.*

**Cramping, pain, sausage , spoiled :**

*Ars.*

**Cramping, pain, sitting, while:**

*All-c., Ang., Hell., Nat-c.*

**Cramping, pain, sitting, while , bent while:**

*Agn., Bor. Caps.*

**Cramping, pain, sitting while, bent while amel.:**



Staph.  
**Cramping, pain, soup, after :**  
 Zinc.  
**Cramping, pain, standing erect, amel.:**  
 Bry., Chin-s., Phys.  
**Cramping, pain, during:**  
 Kali-c., Bell.  
**Cramping, pain, stool, during, after :**  
 Ferr.  
**Cramping, pain, stool, during, before:**  
 Coloc., Kali-c.  
**Cramping, pain, stool, during, causing urging to:**  
 Nux-v.  
**Cramping, pain, stooping, on:**  
 Anac., Jatr. Nat-c.  
**Cramping, pain, straightening, up, amel:**  
 Hell.  
**Cramping, pain, stretching, amel.:**  
 Nat-c.  
**Cramping, pain, supper, after :**  
 Phos., Rhod.  
**Cramping, pain, supper, after, supper, after, before:**  
 Phos.  
**Cramping, pain, talking:**  
 Ptel.  
**Cramping, pain, transversely, across:**  
 Arg-m.  
**Cramping, pain touch, agg.:**  
 Chel.  
**Cramping, pain, vomiting, during:**  
 Podo.  
**Cramping, pain, vomiting, during, before:**  
 Apis., Hyos.  
**Cramping, pain, walking, while:**  
 Cocc., Nat-c., Verat.  
**Cramping, pain, walking, while, amel:**  
 All-c., Hell., Kali-c., Nat-c.  
**Cramping, pain, wakes:**  
 Con., Kali-c.  
**Cramping, pain, warmth, amel:**

Mag-p., Nux-p.  
**Cramping, pain, warmth, amel, of bed amel:**  
 Graph.  
**Cramping, pain, wine, from:**  
 Lyc.  
**Cramping, pain, worm, as, from a :**  
 Nat-c.  
**Hiccoughs, general, cramps, with:**  
 Cupr-ar.  
**Nausea, general, cramps, with:**  
 Ip., Trio.  
**Vomiting, general, cramps, colic, with:**  
 Coloc., Cupr., Cupr-ar., Nux-v., Verat., Bism., Cham., Ip., Op., Pix., Plb., Sarr.  
**CRAMPS :[TEETH] :**  
**Cramps, jaws:**  
 Tab., Verat.  
**Cramps, jaws, chewing, on:**  
 Verat.  
**Cramp, jaws, eating, while:**  
 Mang., Spong.  
**Cramps, eating, while, after:**  
 Mang.  
**Cramp, jaws, masseters :**  
 Cocc., Cupr., Hydr-ac., Stram., Stry.  
**Cramp, jaws, masseters, muscles, mouth opening agg:**  
 Cocc.  
**Cramp, jaws, maxillary joints :**  
 Bell., Spong., Asaf., Carbn-h., Crot-h., Fl-ac., Kali-c. Kali-i., Nit-ac., Ox-ac., Plat., Rhus-t., Sep., Sil., Sulph.  
**Drawing, pain, teeth, drawing, jaws crampy drawing:**  
 Sulph.  
**CRAMPS:[THROAT] :**  
**Cramp:**  
 Gels., Graph., Sars., Acon., Ars., Chel., Kali-c., Nat-m., Phos., Sep., Sul-ac.  
**Cramps, night:**  
 Sars.  
**Cramp, swallowing, on, food, compelling him to retch :**  
 Graph.  
**Cramp, cramp, throat, external, in side of :**  
 Bar-c., Cic., Graph., Mang., Plat., Sep., Spong.



**CRAMPS :[TOXICITY] :**

Tobacco, feet, smoking, causes, cramp, in soles :

Calad.

**CRAMPS :[URINE] :**

Bloody, cramps, in, bladder, after :

Mez.

**CRAMPS :[VISION] :**

Dim, alternating, with, cramps, in hands and feet :

Bell.

**CRAMPS :[WRISTS] :**

Aching, pain, crampy:

Con.

**Cramps:**

*Mag-p., Ph-c., Aml-n., Anac., Calc-p., Cina., Cit-v., Com., Euphr., Hura., Nat-p., Plb., Plb., Staph., Sulph.*

**Cramps, coldness, in, part:**

Plb.

**Cramps, left:**

Sulph.

**Cramps, motion, on:**

Calc-p.

**Cramps, outstretched, when, arm is :**

Cina.

**Cramps, right:**

Hura., Staph.

**Cramps, writing while:**

*Mag-p., Aml-n., Brach.*

**Drawing, pain, cramp-like:**

Calc-p.

**Pressing, cramp-like:**

Bar-c. Meny.

**Tearing, cramp-like:**

Aur.

